

*what
matters to
US?*

YOU

**WE THE PEOPLE OF
WELLIFE NETWORK
STRIVE FOR EXCELLENCE AND COMPASSION
IN ALL WE DO SO THAT THE PEOPLE
WE ASSIST CAN BE MORE
INDEPENDENT.**



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REPORT TO THE COMMUNITY 2018

What matters to YOU ... matters to US.

mission

WellLife Network embraces its commitment to the complex challenges faced by individuals and families throughout New York and Long Island communities. Our goal is to empower individuals and families, with diverse needs, to realize their full potential by achieving meaningful life goals, guided by the principles of independence, health, wellness, safety and recovery.

vision

WellLife Network will increase its scale and capabilities to thrive and grow in a changing health care environment, allowing it to compete more effectively and with sustainability in the health and human services arena. For some 60 years, WellLife Network has brought, and continues to bring, vital services to those who are among our most vulnerable citizens in our society.

values

To our mission of assisting people to heal, recover and become more independent in the community, our agency brings a core set of values – compassion and caring, combined with quality, efficiency and accountability.

These values drive us to create, with technology, innovative solutions to the social and economic challenges that face the people we serve and the communities in which they live.



Jeffrey Finkle
Jeffrey Finkle
Chairperson



Sherry Tucker
Sherry Tucker
CEO

Dear Friends and Partners,

This year WellLife Network celebrates almost four decades of service to the New York community. The world has changed so much since our founding, but our work is as relevant and in demand as ever – providing a comprehensive network of health and human services to individuals and families throughout New York City and Long Island. In 2018 Sherry Tucker became CEO. Her mandate was clear – to improve WellLife Network’s fiscal sustainability and operational capacity.

Strategic Progress

We are proud of the advances we’ve made in 2018:

- Completing our three year strategic plan – a guidepost for achieving a leaner and fiscally responsible agency
- Approval for the creation of a \$28.3 million mixed-use apartment complex, providing safe and affordable housing to some 66 individuals and families
- Earning GuideStar’s highest level of recognition, the *Platinum Seal of Transparency*
- Being recognized by the New York State Education Department State Board as an approved provider of Continuing Education
- Hosting successful fundraising events which reflect our mission: 5K Wellness Run and a staged-benefit reading of *TRIAL*, both of which promote our mission of “wellness” and the equality and rights of children, women and men.

Almost four decades of advocating for the wellness of the individuals we serve has made us the strong, reliable and the empowering organization that we are today. These times are challenging, but we view every challenge as an opportunity to help people reach their life’s goals. At the core of our success is a committed staff – the foundation for any successful business. Our compassionate and passionate team is mission-based and each member has a unified, overriding charge – to help individuals reach their life goals. We constantly learn from our participants, our competition and from each other. We also listen closely to “*what matters to you*” – each of the 25,000 people who walk through our doors. Their concerns “*matter to us*”.

WellLife Network’s diversity and comprehensive services are strengths that help us build strategic alliances and partnerships with government, business and the voluntary sector, allowing us to reduce costs while ensuring maximum quality programs. It is these partnerships that have helped us to become one of the region’s largest health and human services organizations. We thank each and every one of our partners for their contributions this year.

We strive to seek new solutions to provide more effective health and human services for those who seek a better, more satisfying life. We are excited about identifying new priorities for WellLife Network and ask you to join us as we look to a fiscally strong and bright future.



“What matters
to Us . . .
bringing wellness
to the community.”



Bringing Wellness to the Community

This year our Care Coordination Services are bringing integrated health care to communities throughout Queens, Brooklyn, Staten Island and Long Island through our tech-laden mobile van. The van brings our care coordination screening and referral process directly to individuals who are in need of specialized medical,

psychological, rehabilitation, housing and/or employment services. These individuals often forego these needed services due to a lack of transportation, interest in their wellness or limited funds.

The WellLife Network Care Coordination program helps individuals to improve the management of their health and wellbeing.

We help residents accomplish that goal through better access to coordinated, multi-disciplinary care and services which will assist them to heal and recover. Low, moderate and high-risk people with mental health diagnoses, chemical addiction and multiple medical conditions can receive assistance in managing their overall health and wellness.

Partnerships Make It Happen

WellLife Network partners with state-designated Lead Health Homes to offer care coordination services, including: NY Health and Hospitals Corporation, Northwell, Coordinated Behavioral Care, Southwest Brooklyn Health Home, Hudson River Healthcare, Inc. dba Community Health Care Collaborative and Community Healthcare Network.

2018 IMPACT

“Non-profits that succeed in a value-based model of care will do so by leveraging intelligent digital platforms and empowering staff to establish measurable goals of program participants.”



INFRASTRUCTURE

14

Multidisciplinary and committed members of the WellLife Network Board of Directors

1,800

Staff, volunteers and interns help 25,000 individuals and families cope with life's challenges.

102

Unique programs were offered in 2018 at WellLife Network.

347

Federal, state, local, foundation, voluntary, colleges & universities and Corporate partners who help to enhance the good work of WellLife Network.

870,300

square feet of space, supports our service delivery of residential, behavioral health, disabilities, youth and families, addiction recovery, employment/vocational and administrative services.

436

Multi-service hubs, satellite offices, facilities, residences and off-site locations.

DEVELOPMENT INITIATIVES

\$444K

Private fundraising events and foundation grants.

FINANCE

87¢

of every dollar spent by WellLife Network goes directly toward client services and programs.

INTELLECTUAL/ DEVELOPMENTAL DISABILITIES

707

Individuals with intellectual/developmental disabilities received residential, family support, day and community habilitation and entitlement and eligibility services.

43

Group homes and supported apartments, throughout New York City, offer adults with I/DD an array of residential services. These residential services offer 24-hour supervised residences to apartment living for those who can live with greater independence in the community.

BEHAVIORAL HEALTH SERVICES

2,000

Individuals, facing mental health issues, were helped daily through our network of behavioral health services.

1,175

New Yorkers participate in WellLife Network Behavioral Health Residential Services have a warm, nurturing environment to call home.

550,000

meals are served each year to more than 1,500 residents with a developmental disability or behavioral health challenge who live in one of our group homes/ apartments or attend one of our PROS programs.

ADDICTION RECOVERY SERVICES

3,500

Youth, adults and professionals received drug prevention outreach services and clinical training on a array of topics.

4,773

unique cases received substance abuse services.

YOUTH & FAMILY SERVICES

454

Families coping with children with serious mental health issues were strengthened and helped to move from crisis to stability.

97%

Families were “very satisfied” with the services and progress of their children in one of WellLife Network’s family and children’s services.

AWARDS

GUIDESTAR PLATINUM RATING

1

WellLife Network has earned the 2019 Platinum GuideStar Nonprofit Profile Seal of Transparency, awarded to the top 2% of charities nationwide.

CEU CREDITS

WellLife Network was recognized by the New York State Education Department State Board as an approved provider of Continuing Education.

Measuring Our Success

Nonprofit funding streams are rapidly shifting from a fee-for-service model to a value-based model of care. This inflection point is expected to occur by 2020 in New York State. No longer will nonprofits be reimbursed for the volume of work they perform, but rather for the measureable results that they produce.

The results must show measurable progress and the services provided offered efficiently and at a reasonable cost. Most importantly, if data is to be trusted, it must be collected, managed and analyzed responsibly.

Preparing for the Future

WellLife Network is preparing for this value-based payment environment. We are currently implementing digital

platforms to ensure fidelity to the evidence-based models that systematically assess needs and risks and make determinations about how to deploy resources and services. Sophisticated data analytics inform our continuous quality and performance improvement initiatives.

Impact of WellLife Network

This section highlights accomplishments, consumer satisfaction and conveys the scope of services that WellLife Network provides to the communities of New York and Long Island.

REACHING *new* GOALS

Work Enhances Self-Reliance

Vocational Training and Job Placement

Creating viable employment opportunities for our consumers is one of the most valuable services WellLife Network offers. Our job training and supported work programs prepare participants to enter the competitive workforce and support their goal of independence. These job readiness programs focus on real-world work skills and living wage needs of low-income, multicultural individuals in our community.

For participants with behavioral health challenges, we create opportunities to develop useful job skills, receive appropriate job training and necessary certifications, and access internship and employment prospects. Through ongoing evaluation of job readiness, we help to ensure their success in the workplace. This is an essential part of WellLife's ongoing commitment toward helping individuals gain the independence they seek and become active, contributing members of their communities.

For 23 years, Project Clean has successfully assisted adults, diagnosed with mental illness, with opportunities to gain and maintain employment through Clean Corp., a for-profit enterprise that operates under the auspices of WellLife Network. Through contracts with private

businesses and government agencies, Clean Corp. provides professionally trained, high-caliber workers to offer a wide variety of janitorial, maintenance and grounds keeping services.

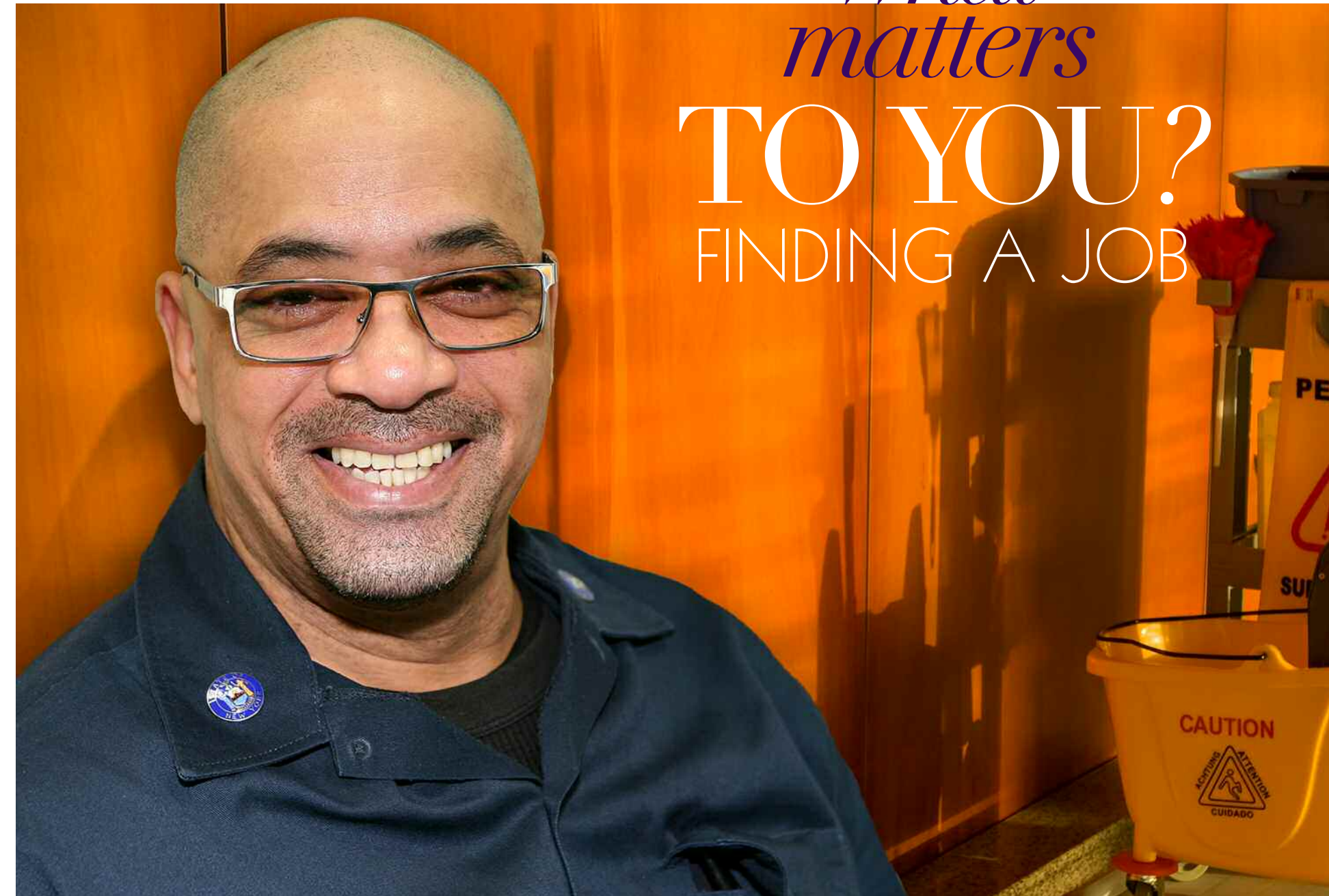
Supported Employment Services

Another initiative — Supported Employment Services (SES) — helps individuals with a diagnosis of mental illness or other significant disabilities sustain stable employment in integrated settings. In 2018, we assisted 42 SES participants in finding full or part-time employment opportunities.

Support Specialist Training

WellLife Network is extremely proud of its training program that allows participants to become New York State Certified Peer Specialists. Peer specialists help program participants make informed, independent decisions, set life goals and become active members of the broader community. In 2018, WellLife Network also assisted individuals to attain their New York State certification.

Together, WellLife's Vocational and Employment Services help strengthen the economy by increasing the capacity of a diverse and qualified workforce.



REJOINING THE COMMUNITY

Mark knows the anguish and loneliness that chronic depression can bring on. After major upheavals in his life, Mark faced severe depression which caused his hospitalization at Creedmoor Psychiatric Center. He was a resident there in a work study program and with intensive psychiatric and medication therapy was able to rejoin the community.

The caseworkers at Creedmoor recommended WellLife Network to him where he entered our Clean Corp. program. There he learned

commercial maintenance and groundskeeping skills and was promoted several times. In 2015 Mark was awarded the coveted William B. Joslin Outstanding Performer Award. This award is given to 58 New Yorkers state-wide, employed on NYSID Preferred Source contracts.

Today, Mark is a supervisor at Clean Corp. and manages ten workers. He is a role model for other workers and a champion of all who know the despair of depression.

LIVING for a DREAM

Discovering Inner Strength

Offering A Continuum of Evidence-Based Services

WellLife Network offers comprehensive behavioral health services, including: psychiatric rehabilitation, case management, care coordination, family and peer support, consumer self-help, drop-in centers and residential services. Our service models and clinical interventions are all performance driven with the goal of improving outcomes and reducing costs.

Our Strategic Health Care Partners

WellLife Network is committed to collaboration and is an active member of several behavioral health partnerships and enterprises, including: Advanced Health Network — WellLife Network is a founding owner, managing care of those with mental illness on Long Island and New York City; Alliance Care Network, LLC — managing the care of individuals with intellectual and developmental disabilities population; and Coordinated Behavioral Care — managing care of those with mental illness in New York City. Through these partnerships WellLife Network helps shape and

complement our continuum of services to care for people with complex healthcare needs. These partnerships highlight our special experience and capabilities that position us to work effectively with health systems, government, providers and payers.

Our programs are licensed by the New York State Office of Mental Health (NYSOMH) and The New York City Department of Health and Mental Hygiene.

Assertive Community Treatment (ACT)

ACT is a team-based treatment model that provides 24/7 flexible, multidisciplinary treatment and support to people with severe mental illness. This year some 340 persons were assisted through our ACT teams.

Care Coordination Services

WellLife Network assists individuals with complex chronic conditions access and manage services through improved care coordination and service integration among providers. This coordination is critical to managing health care costs and improving health outcomes.



*what
matters*
TO YOU?
FEELING WELL

Steve Bernstein, (center) WellLife Board member, congratulates Scott and his mom on completing the 5K race. Scott is a participant of PROS Great Neck who says he discovers his "inner strength" when exercising outdoors.

WellLife Network proudly partners with state-designated Lead Health Homes, each with a network of care coordination agencies and providers. We also receive referrals from Single Point of Access (SPOA) for individuals who do not have Medicaid. Our programs help individuals to live more successfully in the community.

PROS

The Personalized Recovery Oriented Services (PROS) program offers individuals living with a persistent mental illness person-centered, goal-focused rehabilitation services. In 2018, PROS helped some 625 persons overcome barriers

to achieve their life goals and develop the skills needed to help them live, work and thrive successfully in the community.

NYC Working Peer Specialists Annual Conference

WellLife Network is proud to support the *New York City Working Peer Specialists Conference*. This conference brings together some 350 peers to a day long series of workshops to individuals working across the spectrum of New York City's mental health service delivery system. For the past three years, WellLife Network's Communication Department has offered its expertise in developing the marketing materials to publicize this innovative event.



what matters TO YOU? A PLACE TO LIVE

A Continuum of Residential Alternatives

Each day, WellLife Network housing alternatives enable some 1,175 people with mental health challenges in New York City and Long Island to live lives of greater dignity and independence.

Our homes provide the direct care that meets residents' needs while recognizing and celebrating each individual's cultural traditions. We use a person-centered approach that offers a broad array of housing and residential alternatives, from 24-hour staff-supervised settings for those with the greatest needs, to apartment living with ongoing supports for those able to live more independently.

WellLife Network focuses on helping residents develop key life skills and assimilate within their neighborhoods. At the same time, we ensure that residents can access necessary medical and mental health care as they become more self-reliant and connect with appropriate educational and employment programs.

Expanding Mixed-Use Housing Opportunities

This year, WellLife Network was awarded 146 Empire State Supportive Housing Initiative (ESSHI) units in Queens and Brooklyn. This grant provides the funds for the development of a 66 unit apartment building in Queens, slated to begin in spring of 2020.

We are grateful for the assistance of Governor Andrew Cuomo, the Empire State Supportive Housing Initiative Interagency Workgroup and the New York State Office of Mental Health in helping WellLife Network achieve this major expansion in our mixed-use residential portfolio.

Valencia loves her studio apartment in the Bronx. She feels connected to a community of some 79 men, women and children who comprise the 165th Street Residence.

“*My apartment and the people who live and work here are a community that bring life and hope to all residents.*”

Valencia T., Resident



WellLife Network Designated as a Recovery Coordination Agency

WellLife Network is proud to be a State Designated Entity that is contracted with Fidelis, Healthfirst and Beacon as a Recovery Coordination Agency for Adult Behavioral Health Home and Community Based Services (HCBS). In addition to working with HARP (enrolled/eligible) individuals not connected with a Lead

Health Home, WellLife Network delivers an array of Home and Community Based Services in Manhattan, Brooklyn, Bronx, Queens, Nassau and Suffolk Counties to assist individuals achieve meaningful goals and maximize their quality of life in their ongoing recovery.



“Offering a beautiful home-like setting as an alternative to *in-patient care*.”



what matters
TO YOU?
CRISIS BED
& RESPITE

THE PLACE TO TURN TO
DURING A MENTAL HEALTH CRISIS

In the fall of 2018, WellLife Network, in cooperation with HCBS, opened its first Crisis Bed & Respite Program – an innovative and unique face-to-face alternative service to a more traditional emergency room and inpatient care.

Our Bed & Respite is open to people aged 18 and older who are at imminent risk of or experiencing a mental health crisis. Our Respite

offers 24/7 support by trained professionals and wellness services, including: strengthening living skills; relapse prevention/intervention planning; family support and conflict resolution; referrals and linkages to medical, housing, legal and family issues services; developing coping skills and health and wellness coaching.

Guests are able to relax in one of three beautiful respite bedrooms and share a common living area and kitchen space.



Reul and his mother, Saney, enjoy a respite at the annual holiday party for day habilitation participants.

RAISING *the* BAR

Achieving Self-Reliance

A Continuum of Residential and Day & Community Habilitations Alternatives

Having a warm, nurturing and safe home is essential for long-term health and wellbeing. WellLife Network offers a broad range of housing and day habilitation services to individuals with intellectual/developmental disabilities. Each day, more than 700 people live with dignity and as independently as possible through WellLife Network's housing, day habilitation, family support and entitlement and eligibility programs throughout New York City.

Our homes integrate care into the community and celebrate residents' cultures and traditions. Using a person-centered approach, WellLife Network's housing and residential programs cover a broad array of alternatives, from 24-hour staff supervised residences to serve those with the greatest needs, to apartment living with ongoing supports for those able to live more independently in the community.

WellLife Network's model of care focuses on assisting residents to develop daily living skills, integrate within the community where they live, receive necessary medical care, develop pre-employment skills and become more self-reliant.

Day Habilitation Programs Reach Out to Less Fortunate Neighbors

2018 marked the second year that participants of the Astoria, Station Road and Long Island City Day Habilitation Programs joined forces to support our Long Island food pantries and collect toys for families in need during the holidays. More than 100 toys and several boxes of non-perishable food were distributed to families across Long Island. *"They needed our help,"* exclaimed Adam, a day habilitation program participant. *"We had to help out, so I challenged everyone to get toys and food for our friends who need it. Everyone came through and look at all of it. It's awesome!"*



*what
matters
TO YOU?
COMMUNITY*

THOSE WONDERFUL METS

The thrill of a lifetime – attending a winning New York Mets game. Participants of WellLife Network's Ozone Park residence have a passion for the Mets. They watch the Mets on TV with the intent of the most devoted fan. The best part according to Michael (center) was the ending. *"The Mets won! It was great."*

Michael is one of seven residents of the Ozone Park IRA – one of 36 residences operated by WellLife Network for individuals

with intellectual/developmental disabilities. Our residential team of caring, compassionate professionals guides and supports each person's physical, emotional and educational needs.

Michael receives daily living and socialization skills at WellLife Long Island City Day Habilitation Without Walls program with the goal of encouraging him to become an active participant in the community and as independent as possible.

the
homemaker

the
performer

the
explorer

what matters TO YOU? INDEPENDENCE



It's A NEW DAY Habilitation

WellLife Network's Day and Community Habilitation services offer one-on-one life skills coaching to individuals with intellectual/developmental disabilities in the community and their home. Together, WellLife Network counselors and individuals develop person-centered goals to create experiences that are enjoyable and educational. Participants gain better social and vocational skills, while developing greater independence in the community. We offer a wide range of special annual events including, *International Day, Sports Day, Summer Carnival, Black Tie Affair, karaoke/singing, fashion shows, a day on Broadway* and more.

We understand that developing independence in the community requires many skills and supports. Our Community Habilitation Services offer the development and improvement of those skills needed in everyday life. Some of the areas which we can help individuals to explore and develop the skills needed to achieve those goals include:

- Independent Living
- Money Management
- Travel Training
- Communication Skills
- Socialization
- Meal Planning and Preparation
- Preparing for Work
- Nutrition and Wellness

The Community Habilitation Programs are approved for service by the New York State Office for People with Developmental Disabilities (OPWDD) and the New York State Department of Health.

Rose Marie enjoys baking and cooking delicious and healthful breakfast meals for her housemates at one of our Queens residences.

WellLife Network recognizes that every individual is unique – having different strengths, challenges and interests. We help individuals, with intellectual/developmental disabilities, flourish where they can learn and grow while doing something that truly interests them. WellLife Network's Community and Day Habilitation programs are

Carlos loves to rap and has created his own music video to showcase his talents at our day habilitation program.

structured around those principles. Whether activities take place at their home or in one of our six day programs, we help adults with I/DD, reach their greatest social, educational, life and community potential by offering them a variety of activities that stimulate their interest and growth. We offer learning experiences through theater

On a group outing in Manhattan, Deborah and five of her day habilitation friends saw a Broadway show and toured the sights of Times Square.

arts, computer skills, cooking classes, basic nutrition and wellness, physical fitness, preparing for work and helping others through volunteering. We assess each individual's strengths and needs and help them to select activities that will help them achieve their goals and track their progress in the program.



FAMILY BONDS

Building Stronger Relationships

Keeping Children and Families Well for Life

WellLife Network Children and Families Community-Based Programs assist children and youth with serious social, emotional and/or behavioral challenges in developing coping skills, become more resistant to crisis and gain greater independence through a continuum of care services. Program services include: care coordination, crisis intervention, in-home treatment, residential, skill building, family education and support and respite care. These services help children and adolescents cope with life's challenges and assist their families in supporting them. In 2018, WellLife Network assisted 454 families with children.

New York State Redesigns Medicaid Services for Children and Families

In the fall of 2018 New York State's Medicaid benefit redesign led to the expansion of Children and Family Treatment and Support Services. These services expand eligibility and enable a greater focus on prevention and early intervention and the capacity to intervene earlier in a child/youth's life.

Services include: Youth Care Management; Child and Family Treatment and Support Services; LINK (Home Based Crisis Intervention); SSTAAY (Services, Supports, Transitions, Advocacy and Access for Youth – (Services available for children without Medicaid); Community Residential Services; HCBS Services and W.A.V.E. Youth Leadership Group. These goal-directed services are designed to foster and promote the health and wellness of children/youth and their families/caregivers.

Residential Services

Our residential services provide 24/7 care for youth facing serious mental health challenges. Located in Setauket and Dix Hills, the residences enhance the social, emotional and behavioral development of each youth with the target goal of returning the youth to family or independent living.

Family Bonds Camp

This unique weekend retreat of recreational and educational activities is offered each year to the children and families enrolled in one of our programs. In 2018, 13 families were offered a time to bond, create good memories, and relate with others as they recover, rejuvenate and heal.

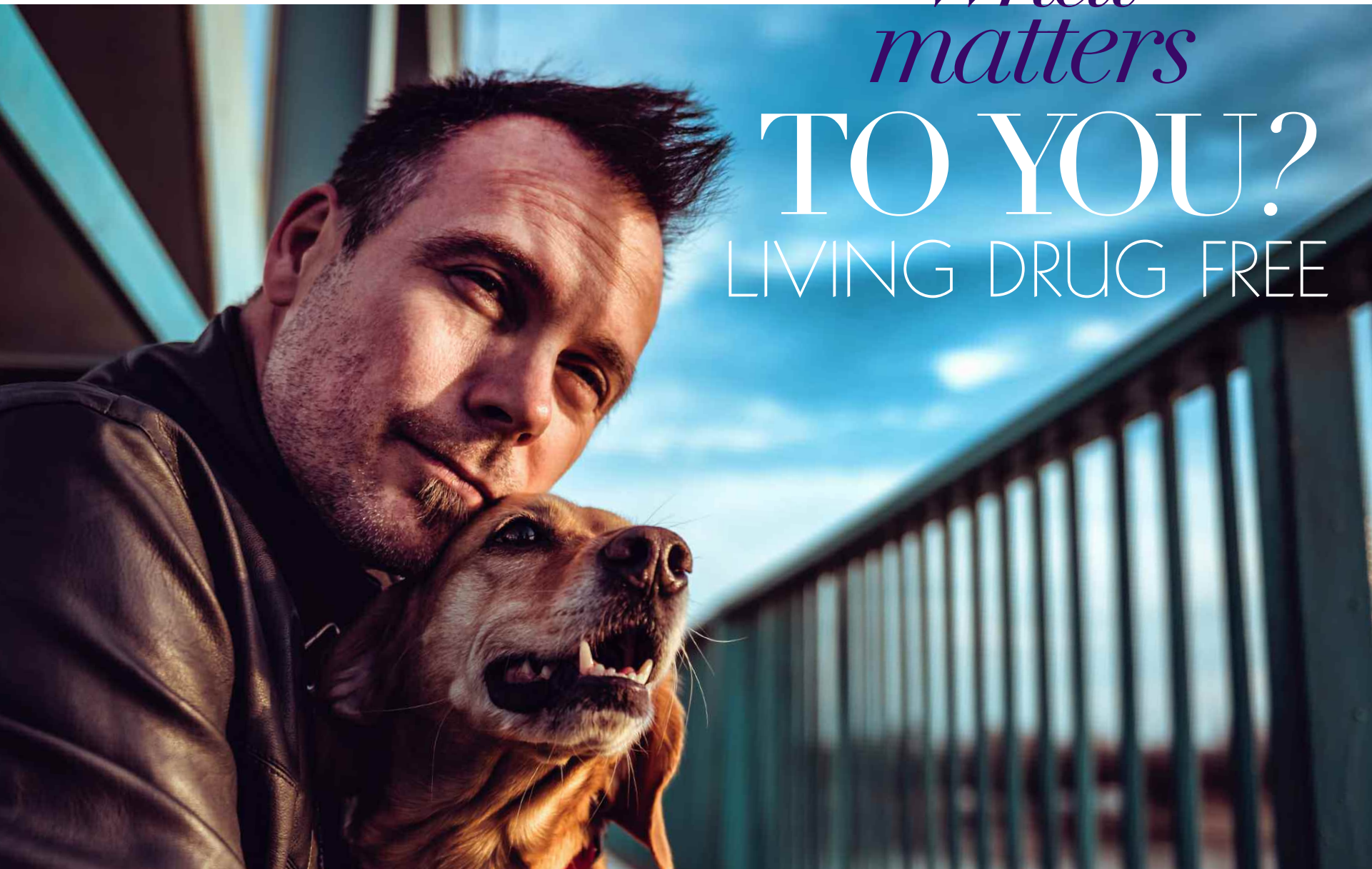


what matters TO YOU? FAMILY

I AM LEARNING TO LOVE MYSELF & MY FAMILY AGAIN

"My name is Patrick. When I started the children's services I had difficulties in managing my anger and emotions. My confidence and how I felt others viewed me was also very low. I felt that everyone was judging me and trying to control my life and feelings. I always felt angry when I started and many times refused to participate in group activities and counseling because I felt like the staff was trying to brainwash me into thinking that something was wrong with me.

But as I attended weekly activities, I began to realize that the lessons in the groups were not meant to control me, but to help me believe in myself again. The counselors helped me manage and identify my symptoms better. I started to recognize my strengths and weaknesses. Using self-management helped to direct my focus and set goals. I rejoined my family. My family is very important to me and learning ways to deal with my anger at home is helping me to improve my life."



what matters
TO YOU?
LIVING DRUG FREE

JUST DON'T GIVE UP

Bill started to experiment with drugs when he was nine. It started with alcohol and peer pressure to drink. At age 12 he started to use heroin. That's when things went downhill. At 16, Bill dropped out of school, started working, but couldn't keep a job. He tried to get off drugs by substituting cocaine.

That's when things became bad. Bill lost everything he owned overnight and was *busted* for selling. He served two weeks in county jail. He then stopped coke, pot and alcohol, but kept

using heroin. He went on welfare to survive. Bill was on and off heroin, but wound up in jail. There he discovered spirituality and found real peace. When he left prison he went to WellLife Network for outpatient services. We helped Bill to *stay clean*. Bill is now engaged to be married and is going to college to get a degree in psychology and chemical dependence.

His parting words to those trying to get clean. *Just keep trying, you will get it right. Just don't give up.*

COMING *of* AGE *Salvaging my Life*

WellLife Network helps thousands of individuals coping with addiction to alcohol and other forms of substance abuse and their family members to become sober and has been doing so since the late fifties.

Addiction is a progressive and pervasive disease that affects every aspect of a person's life. WellLife Network provides person-centered treatment services that support individuals and/or their significant others as they seek recovery and wellness. Most importantly, our treatment services offer daily same-day access, using well-established clinical and medication modalities, and providing them at a reasonable cost.

At WellLife Network, we believe recovery is attainable, sustainable and maintainable.

Our Approach

Our Addiction & Recovery Services (ARS) Department focuses on the prevention, education and treatment of substance use disorders. We help individuals deal with the symptoms of addiction/substance use disorder diseases and promote the development of community awareness through education.

We believe it is important to include substance abuse education and prevention in schools because these intervention programs help students avoid trying substances and reduce the risk of developing a substance use disorder later in life.

This year, WellLife Network reached some 2,045 students in Suffolk County, using the evidence-based drug prevention curriculum *Too Good for Drugs*. Our outreach programs are offered in three community-based locations: Wyandanch, Smithtown and Huntington and are licensed by the New York State Office of Alcoholism and Substance Abuse Services (OASAS).

Task Force on Integrated Projects-TFIP

TFIP, a school-based substance abuse program emphasizing prevention, intervention and education, served 4,773 unique individuals. One specialized program available to students is an informative and comprehensive education series that highlights positive alternatives to drug use.

An integral part of our services is school staff in-service training, addressing topics such as: current drug trends affecting adolescents and codependents that impact the family, and health and wellness topics.



I VOLUNTEER TO IMPROVE A LIFE

Kevin Campbell, Experienced Assurance Associate, BDO USA, LLP and 95 volunteers gathered at 13 locations across New York City and Long Island to lend a hand to WellLife Network's Project Volunteer Day.

None are trained horticulturists. They are accountants, lawyers, insurance specialists, financial experts, sales reps, and more. They are people who wanted to give back and who liked to do so in an outdoor environment. The results were amazing. The volunteers had one common goal – to beautify the residences of WellLife Network through gardening and exterior do-it-yourself projects.

“I want to help the people we serve improve their lives, aesthetically and spiritually.”

Kevin Campbell, Volunteer

GIVING *of Yourself* *Giving Back* *to the Community*

Volunteers Make It Happen

More than 100 people donated their time and professional and personal skills to us last year. Volunteers and student interns make a significant and valuable contribution to WellLife Network. Our volunteers donated thousands of dollars in goods and services to hundreds of individuals and families in need. Volunteers in New York City and on Long Island planted gardens and relandscaped our residences, donated and wrapped toys for children during the holidays, assisted veterans in finding and preparing for employment and assembled baskets of food for holiday meals.

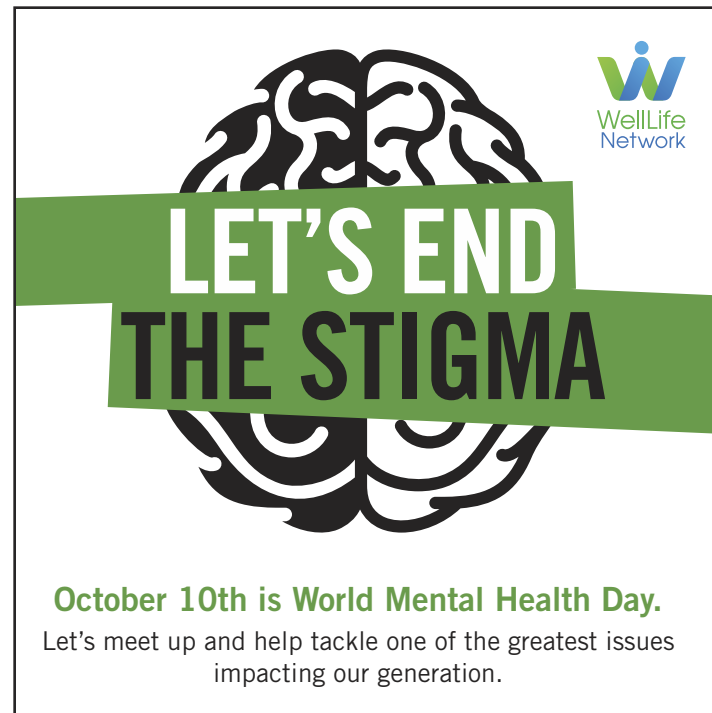
Be Well for Life Art Program

This year, the WellLife Network *Be Well for Life Art Program* expanded with the sale of posters initiated through generous grants from Mutual of America, Paycom and TGI Office Automation. This innovative program will create art therapy workshops and learning experiences for individuals of all ages, abilities and talents to emerge as artists, through the exhibition of their art as posters, note cards and wearable items.

Internships for Real Life

Our Internship Connections offers college students and advanced degree candidates on-site experiences in a variety of “real life” settings throughout New York City and Nassau and Suffolk Counties. The program assists students in defining and exploring career opportunities in the health and human services field. This year, some 43 college students from 26 colleges and universities in the New York City metropolitan area benefitted from these experiences. An internship experience at WellLife Network offers a variety of settings, including: mental health clinical training, developmental disabilities, health administration and medical nursing.

Beverly Rodriguez, a nursing intern stated, “*This internship lets me see first-hand the responsibilities that I will be assuming as a nurse in a non-profit setting. Working with a population with developmental disabilities is quite challenging, yet rewarding. It is a shared responsibility of trust and expertise that is required 24/7 to assure optimal results.*”



“Celebrating the successes through partnerships that inspire us *to improve lives.*”

You Make It Happen

WellLife Network held four spectacular events this year including: its Annual Dinner, a Wellness 5K Run, the Associate Board *Let's End the Stigma* cocktail party and a theater production of Ashley Griffin's uplifting play, *TRIAL* – all of which were successful fundraising initiatives, sponsored by our corporate and volunteer network of supporters and program participants and their families.

Annual Dinner – A Success

WellLife Network welcomed more than 130 guests to its Benefit Dinner held June 6th at Mutual of America headquarters in Manhattan. Bill Ritter, WABC News anchor was the evening's special guest and host. The evening raised more than \$350,000 for the organization.

The capacity crowd paid special tribute to retiring CEO Alan Weinstock with with the Board of Director's Lifetime Leadership Award. Joshua Lamberg, CEO Lamb Insurance Services received the Corporate and Philanthropic Leadership Award. A new award, The Lani and Thomas A. Blumberg Staff Inspiration Award was established by esteemed board member Tom Blumberg. Sheila McPherson and Lilian Taku were the inaugural recipients of the award for their heroic volunteerism in helping the survivors of the wildfires in California.

The memorable evening included the presentation of the WellLife Network Be Well for Life Inspiration Award, by Sherry Tucker, incoming CEO, to three WellLife Network program participants who overcame extraordinary challenges and barriers in their lives.

5K WellLife Network Run for Wellness

WellLife Network joined forces with a dynamic mix of key community advocates in November, 2018 to raise wellness awareness and more than \$25,000 for New Yorkers faced with developmental disabilities, mental health and addiction challenges. More than 100 runners, family and friends gathered at Eisenhower Park in Westbury, Long Island for the event.

Benefit Staged-Reading of TRIAL Sells to Capacity Crowd

A benefit reading of *TRIAL*, a new play by Ashley Griffin and directed by Lori Petty was held this past spring at the Tilles Center. *TRIAL*, based on the author's experiences tells the unique story of a young woman who was sexually abused by her father and her torment in bringing him to justice in the afterlife. More than 200 people attended the event, raising \$100,000 for the agency's Children and Family Services Division and community outreach and education services for children and adult survivors of sexual violence.



Sherry Tucker, incoming CEO, congratulates Alan Weinstock, retiring CEO, John Greed, President and CEO, Mutual of America and Joshua Lamberg, CEO, Lamb Insurance Services at the 2018 Annual Dinner.

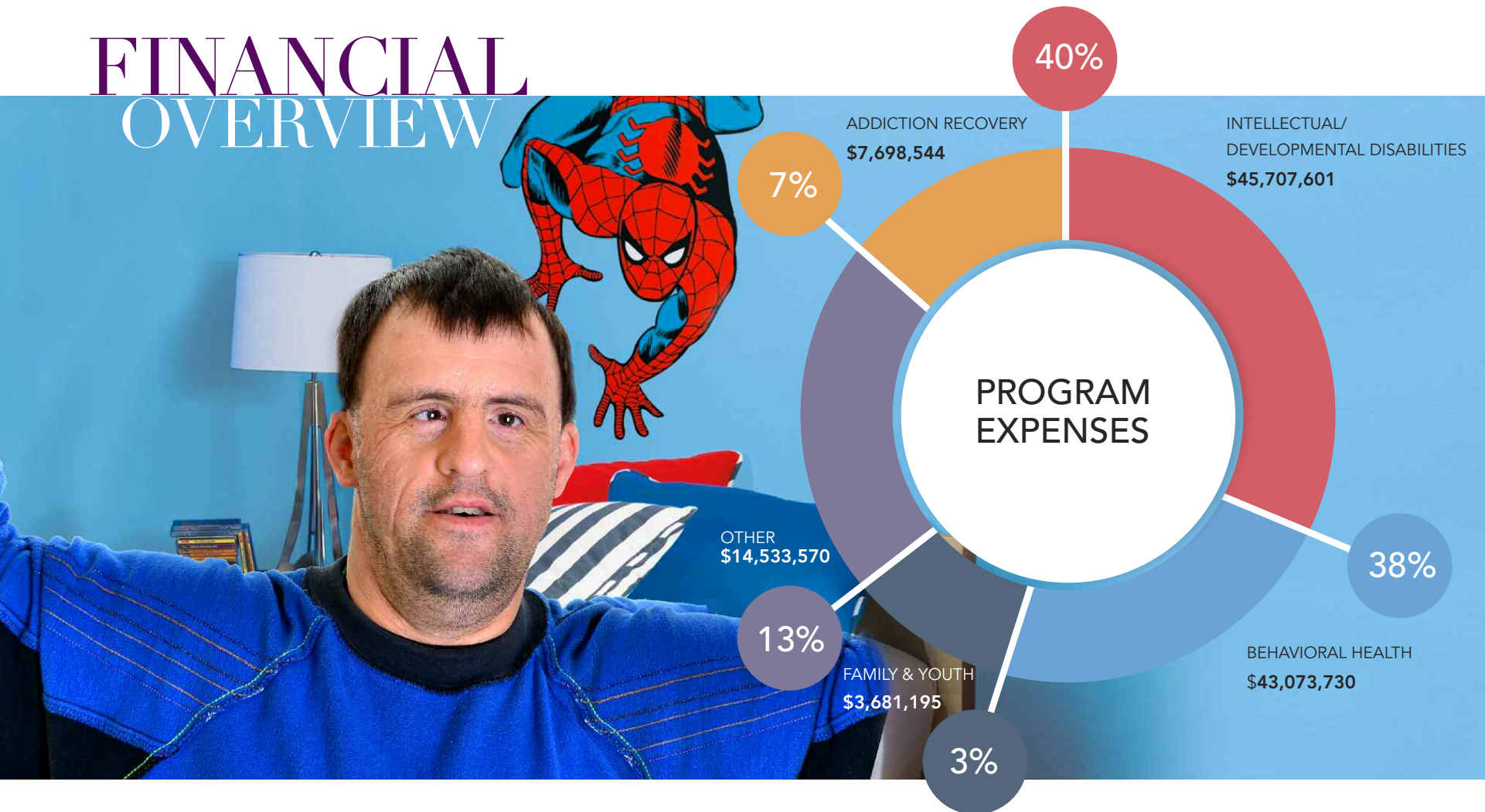


WellLife Network 5K runners welcome Sparky the Dragon, the New York Islanders mascot, who came to encourage and cheer on race participants.



photo courtesy Michah Joel© Ashley Griffin (Arcadia) and Ryan Clardy (Valentine) in the benefit staged-reading production of *TRIAL*.

FINANCIAL OVERVIEW



87¢

of every dollar spent by WellLife Network goes directly toward client services and programs.

Where the Money Comes From

Medicaid/Medicare/Other Insurance	\$82,964,860
Federal/State/Local Grants	20,782,626
Grants/Foundations/Private	334,221
Other	8,486,332
Total	\$112,568,039*

How It Helps

Intellectual/Developmental Disabilities	\$45,707,601
Behavioral Health	43,073,730
Addiction Recovery	7,698,544
Family & Youth	3,681,195
Other	14,533,570
Total	\$114,694,640*

*For the fiscal year ending 2018. Based on the fiscal year 2018 audited financial statements by BDO USA, LLP

SUPPORTING PARTNERS

We are enormously grateful to the generosity of the WellLife Network Board of Directors, government, business, foundations, the voluntary community and the many individuals, families, and friends whose support is so vital to WellLife Network in its delivery of health and human services.

Federal

U.S. Department of Health and Human Services
Centers for Medicare and Medicaid Services
U.S. Department of Housing and Urban Development
U.S. Social Security Administration

State

New York State Department of Health
New York State Department of Labor
New York State Office of Alcoholism and Substance Abuse Services – OASAS
New York State Office of Children and Family Services
New York State Office of Mental Health OMH
New York State Office for People with Developmental Disabilities – OPWDD
New York State Office of Temporary and Disability Assistance

Local

New York City Council
The New York City Department of Health and Mental Hygiene
New York City Human Services Council
Nassau County Department of Social Services
Nassau County Office of Mental Health, Chemical Dependency and Developmental Disabilities Services
Office of the Bronx Borough President
Office of the Brooklyn Borough President
Office of the Queens Borough President
Office of the Manhattan Borough President
Office of the Staten Island Borough President
Suffolk County Department of Health Services
Suffolk Department of Social Services

Foundation/Voluntary

ACLAIMH
Advance Care Alliance– ACA
Advanced Health Network– AHN
Alliance Care Network– ACN
Alliance of Long Island Agencies, Inc.
Association for Community Living
Brooklyn Council of Developmental Disabilities
The Coalition of Behavioral Health Agencies
Coordinated Behavioral Care – CBC
Health & Welfare Council of Long Island
InterAgency Council of Developmental Disabilities Agencies, Inc. - IAC
Long Island Cares
New York Association of Psychiatric Rehabilitation Services
New York State Association of Community and Residential Agencies – NYSACRA
New York State Association of Day Service Providers – NYSADSP
Queens Council on Developmental Disabilities – QCDD
Suffolk Coalition of Mental Health Service Providers
Supportive Housing Network of New York
United Way of Long Island

College/University Partners

Adelphi University
Alfred University
Briarcliff College
Capella University
Columbia University
Farmingdale State College
Fordham University
Hofstra University
Iona College
John Jay College of Criminal Justice
Lehman College
Long Island University
Mercy College
Metropolitan College of New York

Molloy College
New York Institute of Technology
New York University
Queens College
Rutgers University
Simmons School of Social Work
St. Johns University
Stony Brook University
Suffolk County Community College
The City University of New York
Walden University
Yeshiva University, Wurtzweiler School of Social Work

Corporate Partners

ABT Appliance Brokers & Traders
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All-Biz, Inc.
Amy Larovere Consulting, LLC
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Bartel Construction Corp.
BDO, USA, LLC
Bar-Boy Products
Beat Value Inc.
Bellmore Pharmacy
BK Fire Suppression & Security Systems
B&R Cesspool Sewer & Drain
B&R Plumbing & Heating of L.I. Inc
Boro-Wide Recycling Corp.
BullFrog Pest Management, Inc
Carr Business Systems
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Community Care Rx
CSD Housing, LLC
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Eagle Sanitation, Inc.
Economy Fuel Oil, Inc.
Emerald Lawn Care Services, Inc.
Four Seasons Roofing
Gallagher
Gannon Electrical Corp.
Goldberg & Carlton, PLLC

Guardian Life Insurance Company of America
Gurney's Resorts
HSBC Charitable Foundation
Hirschen Singer & Epstein LLP
Hither Brook Floral & Gift Boutique
Imperial Dade
Island Public Affairs
Iavarone Brothers, Inc.
Jackson Lewis, P.C.
JPMorgan Chase Securities
Lamb Insurance Services
Legend Land Abstract, Ltd.
Lenox Advisors
Levy Stopol & Camelo, LLP
M&T Bank
Martha Clara Vineyards
Massage Envy
MEGA Contracting Group, LLC
Mitropoulos Architects
Moritt Hock & Hamroff LLP
Moveco Moving Services
Mutual of America
Netsmart
PaycomPayroll, LLC
Premier Supplies
Queens Chamber of Commerce
The Ray-Block Stationery Co., Inc.
The Richman Group
Ropes & Gray LLP
Sachs Consulting
Senid Plumbing and Heating Corp.
SERVPRO of Ozone Park/Jamaica Bay
Star2Star Communications
Stat Rx Pharmacy Inc.
Sterling Sanitary Supply Corp.
Stop & Shop
TD Bank
TGI Office Automation
Tonerprice.com
Tristate Apartment Furnishers, LLC
Urban Architectural Initiatives, RA, PC
Vassalotti Associates Architects, LLP
VitaCare Long Term Care Pharmacy
VR Bags, Inc.
W.B. Mason
World's Fair Pharmacy

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