

# 10th Annual Symposium



## *Putting the Pieces Together Strategies for Suicide Prevention*



Wednesday, December 6, 2017  
8:00 AM - 3:30 PM

The Melville Marriott Hotel  
1350 Old Walt Whitman Road  
LIE North Service Road, Melville, NY

Sponsored by:



## Keynote Speaker Dr. Bart Andrews



### The Story of Merging the Heart and the Science of Creating Lives Worth Living

This keynote address will merge our personal stories of surviving suicide, whether it be our own attempt or the attempt or death of a loved one, with the science of suicide prevention. In the end, it is our stories of pain and the hope, resilience and change that inspire most of us to devote our lives to preventing suicide. What do our stories have to do with the science of suicide prevention? How does science shape our stories? How do we embrace both the lived experience of survivorship with the science of suicidology? It is more important now than ever that we both embrace the lived experience and the science of our efforts. Join this keynote and learn how one psychologist has embraced his own lived experience and integrated this with the science of suicide prevention.

#### Who should attend ....

- ◆ Emergency Responders
- ◆ Medical Professionals
- ◆ Military Personnel and Veterans
- ◆ School Personnel
- ◆ Students
- ◆ Mental Health Professionals
- ◆ Suicide Survivors
- ◆ Clergy
- ◆ Anyone interested in the topic of suicide

#### ??Questions??

#### Conference Content:

Meryl Cassidy 631-751-7620

#### Sponsorship/Vendor Information

**\*\*Pre-registration for Vendors is required\*\***

Linda Sherlock-Reich: (516) 250-6048  
reich.linda@catholiccharities.cc

#### Registration/Conference Payment:

Alexis Rodgers: 631-471-7242 ext. 1315  
arodgers@mhaw.org

#### Suicide Prevention Coalition of Long Island

#### Co-Chairs

Meryl Cassidy and Colleen Merlo

#### Members:

Dr. Max Banilivy	Diane Sweet
Michael Stoltz	Silvia Giliotti
Michael Hoffman	Theresa Buhse
Jamie Bogenschutz	Ann Morrison-Pacella
Alexis Rodgers	Pacella
Linda Sherlock-Reich	Barbara Henneberry
Edward Paley	Valerie Link
Philip Schoppmann	David Close
Rachel Priest	Debra Caputo

# Symposium Schedule

**8:00 - 8:45 Registration & Continental Breakfast**

**8:45- 9:00 Welcome & Introductions**

**Meryl Cassidy- SPCLI and Symposium  
Chairperson**

**Colleen Merlo- SPCLI Co-Chairperson**

**9:00 - 10:30 Keynote Speaker Dr. Bart Andrews**

**10:45 - 12:15 Morning Workshops:**

**A) High School Postvention Panel**

**Presenter: Meryl Cassidy, Executive Director**

**Response Crisis Center and SPCLI Co-Chair**

**Panel Participants: Peter D'Elena, School  
Psychologist SWR H.S, Jacki Anci, School Social  
Worker, SWR H.S, Principal Brian Regan,  
Riverhead H.S., Laurie Lynn, Executive Director  
of Guidance, Plainview/Old Bethpage JFK H.S.,  
Adam Fine, Principal East Hampton H.S. and  
Elizabeth Kennedy, Sacred Heart H.S.**

Join our panel to explore their experiences with suicide loss in their schools and the ways they dealt personally and professionally with these losses. Also hear about lessons learned along the way, as well as the unique challenges they faced and plans moving forward.

**B) How Many Suicides Survivors are there in the US: Evidence from the 2016 General Social Survey**

**Presenter: William Feigelman, Ph.D. Emeritus  
Professor of Sociology, Nassau Community College**

This workshop will explore the numbers of suicide exposed and bereaved adults currently in the US and it will identify their common social and demographic characteristics.

**C) Means Matter-The Importance of Limiting Access to Lethal Means as a Part of an Overall Suicide Prevention Strategy**

**Presenters: Joseph Liuni, President Federated  
Sportsman's Club of Ulster County and Ellen  
Pendegar, MS, RN PMHCNS-BC, CEO Mental  
Health Association of Ulster County, Inc.**

In this workshop, Joe and Ellen will be discussing the work that they have been doing in Ulster County following Dr. Ciocca, Elaine Frank, and the New Hampshire Gun Shop Project. The focus will be CALM: Counsel on Access to Lethal Means and how they implemented that in their work in Ulster County. It will discuss the role of limiting access to lethal means as part of a community's overall suicide

prevention. They will focus on gun safety due to the lethality of this method. The workshop is not anti-guns but anti-suicide. They will provide samples of information materials they developed based on the New Hampshire materials and the ways they found to disseminate the materials.

**D) ZeroSuicide: The Culture and Process of Continuous Quality Improvement in Suicide Prevention**

**Presenter: Dr. Bart Andrews**

The ZeroSuicide initiative is gaining traction across the country. Many of the tenets of ZeroSuicide derive from work place safety initiatives from the 1970s and 1980s. This workshop will review both the culture and organizational aspects that drive ZeroSuicide and participants will leave with some easy to use tools to begin using CQI strategies to improve their suicide prevention culture, work flows and outcomes.

**E) Comprehensive Suicide Risk Assessment**

**Presenter: Max Banilivy, Ph.D. WellLife Network**

This workshop is intended for clinicians, counselors and all other professionals interested in learning a comprehensive assessment model for suicide risk. The workshop will include: basic components of a comprehensive risk assessment, identify categories of risk factors in suicide risk assessment, distinguish among warning signs, identify the different definitions of suicidal behavior and match levels of suicide risk with levels of intervention

**12:15 - 1:15 - \*\*LUNCH INCLUDED\*\***

**1:30 - 3:00 Afternoon Workshops:**

**F) Sources of Strength: A Best Practice Upstream Prevention Program. Presenters: Mark LoMurray, SOS Founder with Debra Caputo, Trainer**

This workshop will provide an overview of the Sources of Strength program philosophy and methodology and will offer participants a chance to experience some of the training modules.

**G) Facilitating Survivors of Suicide Loss Support Groups. Presenters: Lou Sabatini, Ph.D., Edward Paley, LCSW, ACSW, BCD, and Michelle Virga, LCSW-R, Donna Altonji, LCSW**

Mental health professionals who have facilitated SOS

groups discuss the unique challenges faced by people whose loved one died by suicide. They will also discuss how to start, structure and facilitate a support group including activities that they use to promote discussions. Resources for survivors and training for those who wish to facilitate such groups will also be presented in this workshop.

**H) Project 2025 AFSP**

**Presenter: Michael Rosanoff, Senior Director**

Despite the fact that more is being done today to prevent suicide, the rate of suicide continues to rise in the U.S. The American Foundation for Suicide Prevention (AFSP) and the National Action Alliance for Suicide Prevention, along with a number of partner organizations, have set a bold goal to reduce the annual rate of suicide in the U.S. 20% by the year 2025. Project 2025 incorporates all available best-evidence and supports a systems approach. Join our presenter to learn about this important initiative.

**I) Naloxone Training**

**Presenters: Jamie Bogenschutz LCSW, CASAC,  
B.C.E.T.S. Executive Director, YES Community  
Counseling Services & Adrienne LoPresti, LCSW-  
R, Associate Director, YES Community Counseling  
Services**

**\*\*This session MUST be pre-registered for, as  
participants will be receiving a Naloxone kit.\*\***

Many Opioid overdoses occur in the presence of other individuals, but often no medical assistance is sought. Naloxone is an Opioid overdose prevention reversal agent that is marketed under the Trade name, NARCAN. Naloxone is used to treat a narcotic overdose in an emergency situation. \*Participants will be able to receive a kit after they have completed the training, providing they are either working in the field or may encounter those at risk for overdose

**J) Collaborating with Suicidal Individuals on Safety Planning - Presenter: Meryl Cassidy, Executive Director, Response Crisis Center**

In this interactive workshop our presenter will briefly take you through an awareness activity to increase your understanding of suicide and explore best practice methods of risk assessment. She will then present a comprehensive overview and hands on instruction regarding how to collaboratively develop a safety plan with clients who are at risk for making suicide attempts.

## **Registration**

Vendor \$50 (include table and lunch for one)

\*\*Pre-registration required for all Vendors

Student \$50 (College Photo ID Required)

Advance Payment : \$75 (Due by November 25)

At-The-Door: \$85 (workshop availability may be limited)

\*\*Registration will close Wednesday 11/29/17\*\*

**Register online at:**

**<http://conta.cc/2vLEZ50>**

**Please choose one Morning & one Afternoon  
Workshop:**

**Morning Workshops:**

**A - High School Postvention Panel**

**B - How Many Suicides Survivors are there in the US: Evidence from the 2016 General Social Survey**

**C - Means Matter-The Importance of Limiting Access to Lethal Means as a Part of an Overall Suicide Prevention Strategy**

**D - ZeroSuicide: The Culture and Process of Continuous Quality Improvement in Suicide Prevention**

**E- Suicide Risk Assessment**

**Afternoon Workshops:**

**F- Sources of Strength: A Best Practice Upstream Prevention Program**

**G - Facilitating Survivors of Suicide Loss Support Groups**

**H - Project 2025**

**I- \*\*Naloxone Training (must pre-register)**

**J- Collaborating with Suicidal Individuals on Safety Planning**

**5 Continuing Education Hours  
LMSW/LCSW/LMHC/LMFT/LCAT**

*Association for Mental Health and Wellness is recognized by the New York State Education Department's State Board as an approved provider of continuing education for licensed social workers. (Provider #0156), licensed mental health counselors. (Provider #MHC-0014), licensed marriage and family therapists. (Provider #MFT-0010), and licensed creative arts therapists. (Provider #CAT-0004).*

*\*New York State Office of the Professions (NYSED) regulations requires that participants attend the entire approved educational activity in order to receive continuing education credits, from 9:00am-3:00pm.*