



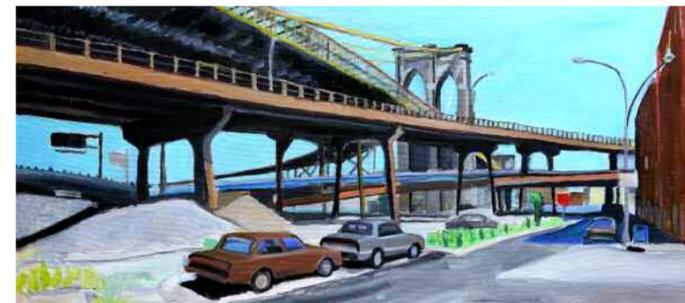
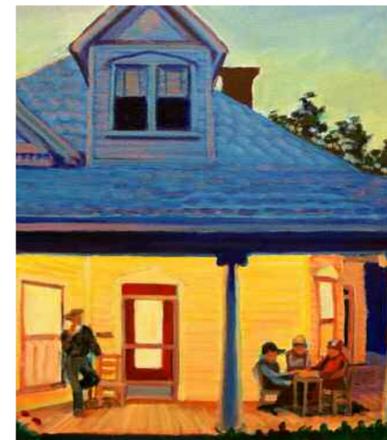
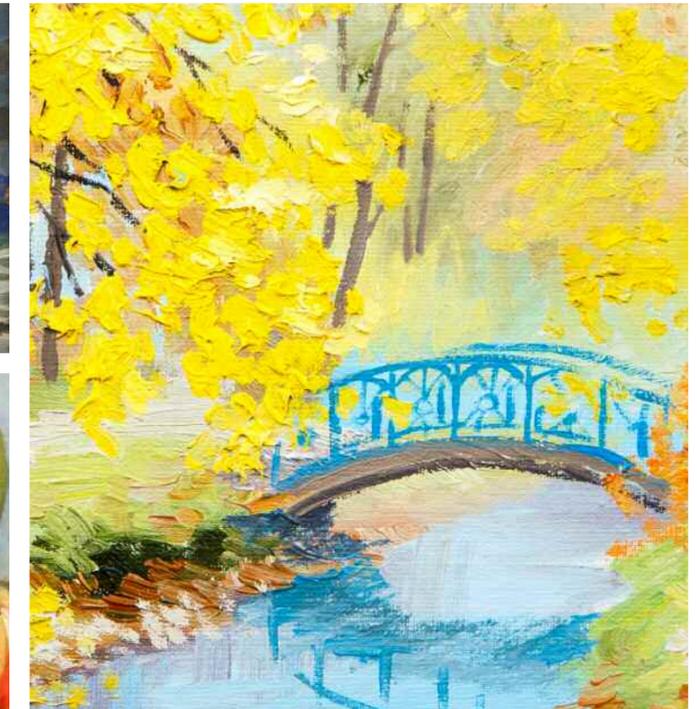
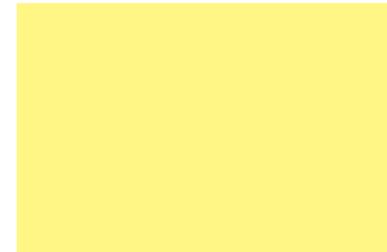
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The Art of Being Well for Life



ANNUAL REPORT 2017

Mission

WellLife Network embraces its commitment to the complex challenges faced by individuals and families throughout New York and Long Island communities. Our goal is to empower individuals and families, with diverse needs, to realize their full potential by achieving meaningful life goals, guided by the principles of independence, health, wellness, safety and recovery.

Vision

WellLife Network will increase its scale and capabilities to thrive and grow in a changing health care environment, allowing it to compete more effectively and with sustainability in the health and human services arena. For some 60 years, WellLife Network has brought, and continues to bring, vital services to those who are among our most vulnerable citizens.

Values

To our mission of assisting people to heal, recover and become more independent in the community, our agency brings a core set of values – compassion and caring, combined with quality, efficiency and accountability.

These values drive us to create, with technology, innovative solutions to the social and economic challenges that face the people we serve and the communities in which they live.



Jeffrey Finkle
Chairperson



Alan M. Weinstock
CEO



Sherry Tucker
President

Triumphs & Challenges

For over 60 years, the mission of WellLife Network has remained clear: *To help each person achieve greater independence by providing high-quality, cost-efficient services that meet the changing needs of society and our business.* WellLife Network maintains this proud tradition – setting the highest standards for service delivery. We continually adapt programs to serve the most vulnerable within our community – even as our society faces times of international conflict, social change, the ravages of addiction, the globalization of our economy and the ever-present concern for acts of terrorism.

A Proactive Approach to Society's Needs

WellLife Network responds to our community's needs by creating programs that meet those challenges and developing the organizational infrastructure with the capacity to act quickly, efficiently and effectively.

WellLife Network is also actively establishing the required infrastructure that will be needed to thrive in a new value-based payments environment.

The past year has been one of change and increased expectations. We see the needs of our participants growing increasingly diverse, with individuals requiring a more extensive network of help and a greater variety of supports.

Partnerships Forge Strategic Alliances

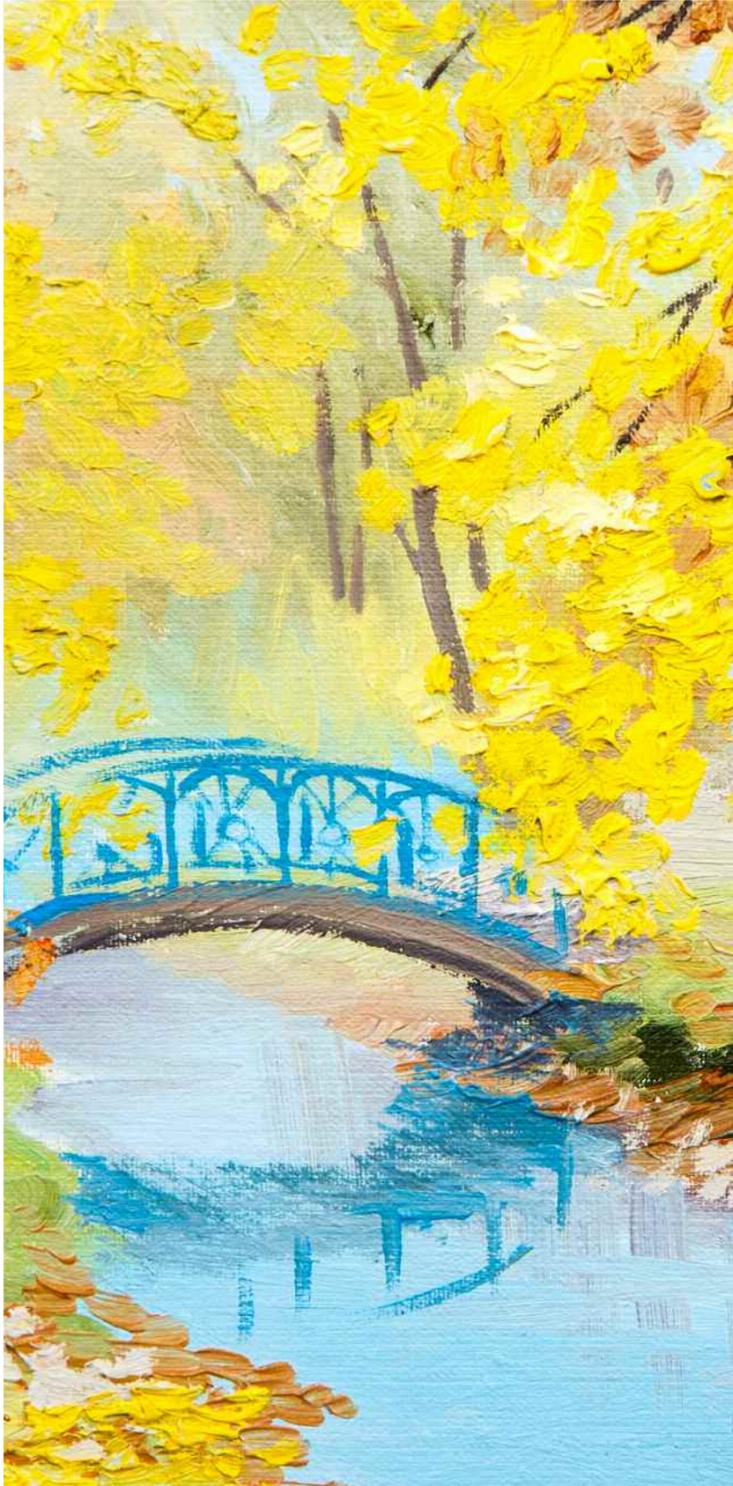
WellLife Network's diversity and comprehensive services are strengths that help us build strategic alliances and partnerships with government, business, and the voluntary sector, allowing us to reduce costs while ensuring maximum quality programming. It is this synergy that has helped WellLife Network become one of the region's largest, diversified health and human services organizations. At the same time, this synergy makes it possible for WellLife Network to meet the needs of our fellow New Yorkers with an array of vital services that each year help almost

25,000 individuals find new ways to cope with life's challenges, learn new skills, and move closer to reaching their full potential and active participation in the community.

Farewell to Our CEO

This past year marked the culmination of 11 years of visionary leadership by Alan M. Weinstock, as Chief Executive Officer. Weinstock spearheaded the growth of WellLife Network from a small residential services agency with an annual operating budget of \$230,000 to more than \$112 million health and human services network that is a regional leader in the field.

The WellLife Network Board of Directors appointed Sherry Tucker to become Chief Executive Officer. Formerly the Chief Financial Officer, Tucker has been part of the executive team for more than seven years. Tucker, together with the WellLife Network Board of Directors, Senior Management Staff and 1,800 staff and volunteers, brings a shared commitment to WellLife Network's mission and values.



Be Well for Life

Art Program

This year's report to the community incorporates artwork inspired and created by program participants. At WellLife Network, we believe that embracing the arts can change peoples lives. Through visual, performing and other creative arts forms, participants at WellLife Network programs gain self-awareness, learn to cope more effectively with the world around them and develop a greater sense of independence and dignity. The WellLife Network *Be Well for Life Art Program* was created to coordinate, unify and expand these efforts at our Agency.

Our Mission

The *Be Well for Life Art Program* inspires, enriches and enhances the quality of life for individuals of all ages and abilities through the arts.

Our Goals

Our program creates a rich array of art initiatives and cultural experiences for WellLife Network program participants and staff, expanding those opportunities to the broader community. We also want to develop venues for arts professionals to teach and mentor through artist residencies.

The *Be Well for Life Art Program* has grown into a wonderful venue that brings these exciting works to a wider audience. Posters of the artwork, produced by the WellLife Network's Communications Department, are made available for purchase to benefit consumer artists and help support our arts initiatives.

In Memoriam

We are deeply saddened by the passing of Railil Dwyer, a program participant, whose work is featured in this annual. Her images of nature inspire and uplift us and serve as a reminder of the creativity that lies within all of us. She will be missed.

Farewell

Alan M. Weinstock



Alan M. Weinstock

"Your visionary leadership, inspiring values, and enduring commitment to WellLife Network exemplify the highest ideals of family and community and set the highest standards for excellence in social responsibility."

Board of Directors
and Executive Staff

This past year marked the culmination of 11 years of visionary leadership by Alan M. Weinstock, as Chief Executive Officer. He spearheaded the growth of WellLife Network from a small residential services agency with an annual operating budget of \$230,000 to more than a \$112 million health and human services network that is a regional leader in the field.

With a career spanning some 40 years in the mental health field, Alan served as the Executive Director at Creedmoor Psychiatric Center, Kings Park Psychiatric Center, Central Islip Psychiatric Center and Pilgrim State Psychiatric Center and has been widely credited with turning around and improving the performance of each of those institutions. He also served as the Executive Deputy Commissioner for the New York State Office of Mental Health.

Alan Weinstock assumed the role of CEO of PSCH in 2007. During his tenure, he brought sustained growth, continuity and creativity to WellLife Network, combined with a never-ending commitment to change and innovation, to improve systems and services for those most in need. Perhaps more than any single individual, Alan is responsible for building WellLife Network into the organization that it is today. Yet he would be the first to tell you that he did not do it alone – it took the combined efforts of many partners from all sectors of the community – across New York State, New York City and Long Island to create the network that we are so proud of today.

The Board, Executive Staff and the entire WellLife Network family thank Alan Weinstock for his service and pay tribute to him with their *Lifetime Achievement Award*.



Disaster Relief by a Caring Staff

Hurricane "Harvey" first made landfall on August 18, 2017 in Corpus Christi, Texas as one of the most powerful hurricanes in United States history. Dumping more than 51 inches of rain, it created floods of biblical proportion. Over 140,000 homes were destroyed and 42,000 evacuees sought shelter in sites run by the American Red Cross. The devastation left many in shock and despair.

Fires in California

At the same time, half a continent away, wildfires were raging out of control in California, destroying more than 245,000 acres, resulting

in 41 deaths and 34,000 individuals and families being evacuated. Some 5,700 homes were incinerated.

When the American Red Cross put the call out for mental health professionals, WellLife Network responded. Our counselors volunteered for a ten day deployment in Texas and California. They worked with individuals experiencing stress and intervened by providing one-on-one Advanced Psychological First Aid.

Our team of specialists provided essential mental health support services to communities in need, helping survivors gain a perspective of their situation as they rebuild their lives.

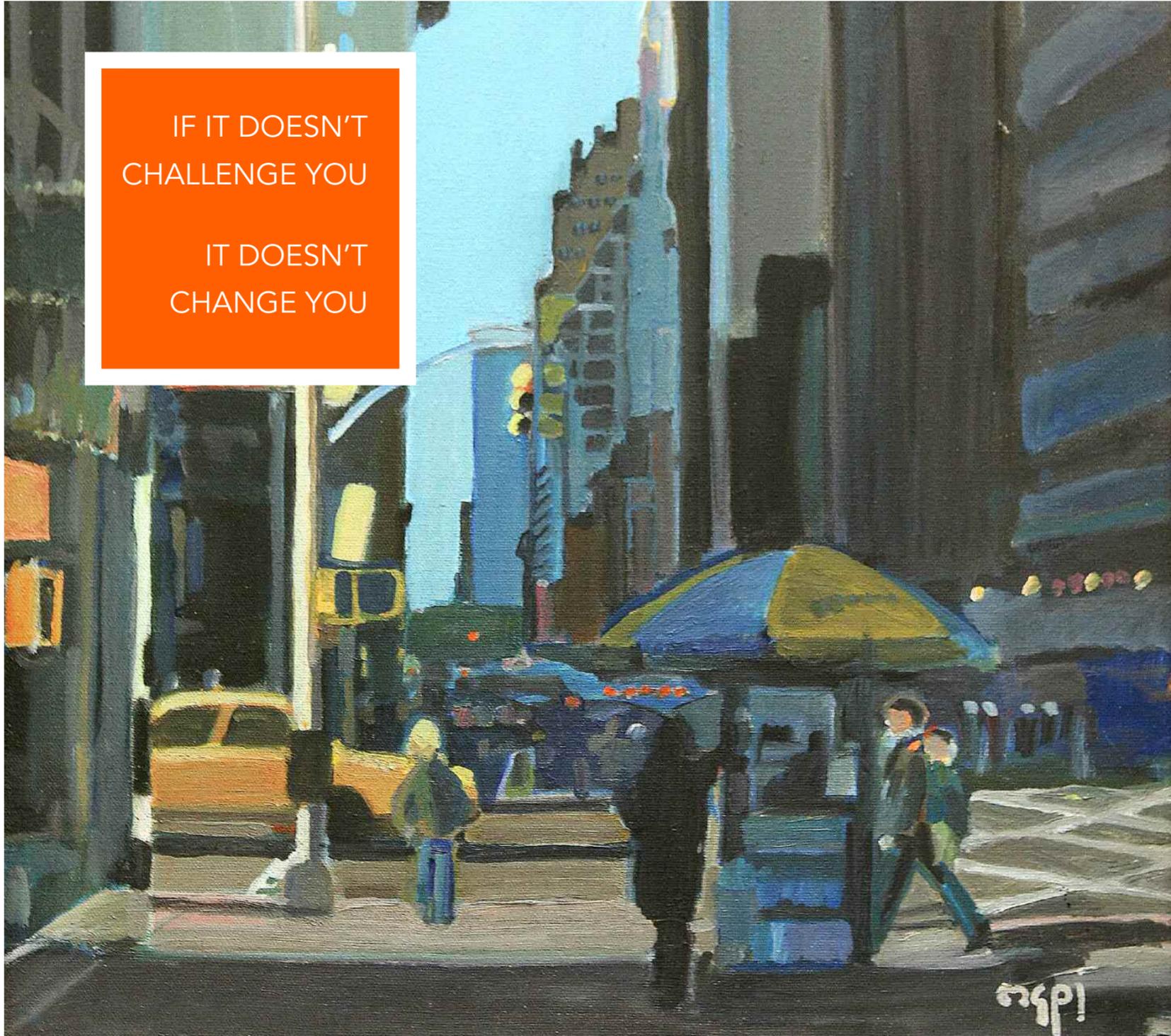
Reaching Out Across Our Nation



Partnering with The American Red Cross to Help Disaster Victims in Texas and California

Seven WellLife Network counselors volunteered for the journey to Texas and California to provide one-on-one Advanced Psychological First Aid. WellLife Network commends our Long Island staff and recognizes their meritorious service to those in need. (L-R) Marilyn Viejo, Counselor, Red Cross; Rebecca Costa, Vice President, Long Island Operations; Daniel Fortunato, LMSW, Addiction Recovery Services; Lilian Taku, LMSW, Care Coordinator; Sheila McPherson, LMSW, TFIP; Laura Kaempf, MS, LMHC, Addiction Recovery Services; Jill Spadafora, LMHC, Addiction Recovery Services; Florence Maroney, LMHC, Care Coordinator; Sky Brown, LMSW, ICC Waiver and Debbie Hayden, RN, Regional Manager, Health & Mental Health Services and Spiritual Care, American Red Cross.





IF IT DOESN'T
CHALLENGE YOU

IT DOESN'T
CHANGE YOU



Work Enhances Independence

WellLife Network's job training and supported work programs prepare participants to enter the competitive workforce and support them toward independence. Our job readiness programs focus on the work skills and living wage needs of low-income, multicultural individuals in our community.

We create opportunities for participants with behavioral health challenges to develop job skills, get job training and certifications, and access internship and employment prospects. By evaluating job readiness and ensuring success in the workplace, we reinforce WellLife Network's commitment toward helping participants gain independence and become active members of their communities.

For 22 years, Project Clean has been successfully assisting adults diagnosed with mental illness gain and maintain employment through Clean Corp., a for-profit enterprise operating under the auspices of WellLife Network. Specializing in janitorial, maintenance and grounds keeping services, Clean Corp. contracts with private businesses and government to provide professionally trained and high caliber workers.

Supported Employment Services

Supported Employment Services (SES) are available to individuals with a diagnosis of mental illness and other significant disabilities that require extended support services to help them sustain stable employment in integrated settings. In 2017, we assisted 24 SES participants in finding competitive employment opportunities full-or part-time.

Support Specialist Training

WellLife Network is proud of its training program for participants to become New York State Certified Peer Specialists. Based on their own shared personal experience, peer specialists help program participants make informed, independent choices, set goals, and become active members of the community. In 2017, WellLife Network trained some 23 individuals to receive their New York State certification.

WellLife Network's Vocational and Employment services help to strengthen the economy by increasing the capacity of a diversified and qualified workforce.

Brian's Challenge

Brian V., a man in his 40's, came to WellLife's Residential program in 2011 with the aspirations of improving his social and work skills with the goal of finding a paid employment opportunity. Brian had a history of hospitalizations due to mood disorders and depression. With the help of his psychiatrist, Brian is now compliant with his medications and has made a complete turnaround.

Together with his counselor, Brian defined several areas he thought would make a difference in his life – reading, training and improving his living environment. Brian has matured, taking on increased responsibility and making great strides towards attaining his life goals. "The problems I had with depression are under better control. I have learned to avoid the triggers that can cause a downside in my well being. I view each new day as an opportunity to succeed at my job and in my life."



Devon's Challenge

Devon knows the struggles that a man who abuses alcohol from his teen years has to witness – loneliness, despair and the numb feeling of “who will take care for me?”

Devon felt lost and abandoned in a spiraling slope of hopelessness. Devon engaged in a life of drinking and partying. At 20 years old, Devon fathered a son who he wanted to support and nurture. Through a family friend, he was referred to WellLife Network's Family Supported Housing Program in the Bronx.

Here, he was introduced to his Case Manager who became his inspiration to attend therapy and provide a safe and healthy home for his son. Eventually, the veil of alcoholism lifted from Devon as his new found determination for clean living and fatherhood became his focus.

Behavioral Health Improved Outcomes

For 60 years, WellLife Network has been a recognized leader in offering a broad cadre of personalized behavioral health services to families and individuals coping with the many challenges brought on by emotional problems and mental illness. Our person-centered programs help each individual achieve his or her fullest potential in an environment that values respect, dignity, caring and integrity.

Offering A Continuum of Evidence-Based Services

WellLife Network offers comprehensive behavioral health services, including: psychiatric rehabilitation; case management; Assertive Community Treatment (ACT); care coordination; family and peer support; consumer self-help; drop-in centers and residential services.

Our service models and clinical interventions are all performance driven, with the goal of improving outcomes and reducing costs.

Our Strategic Health Care Partners

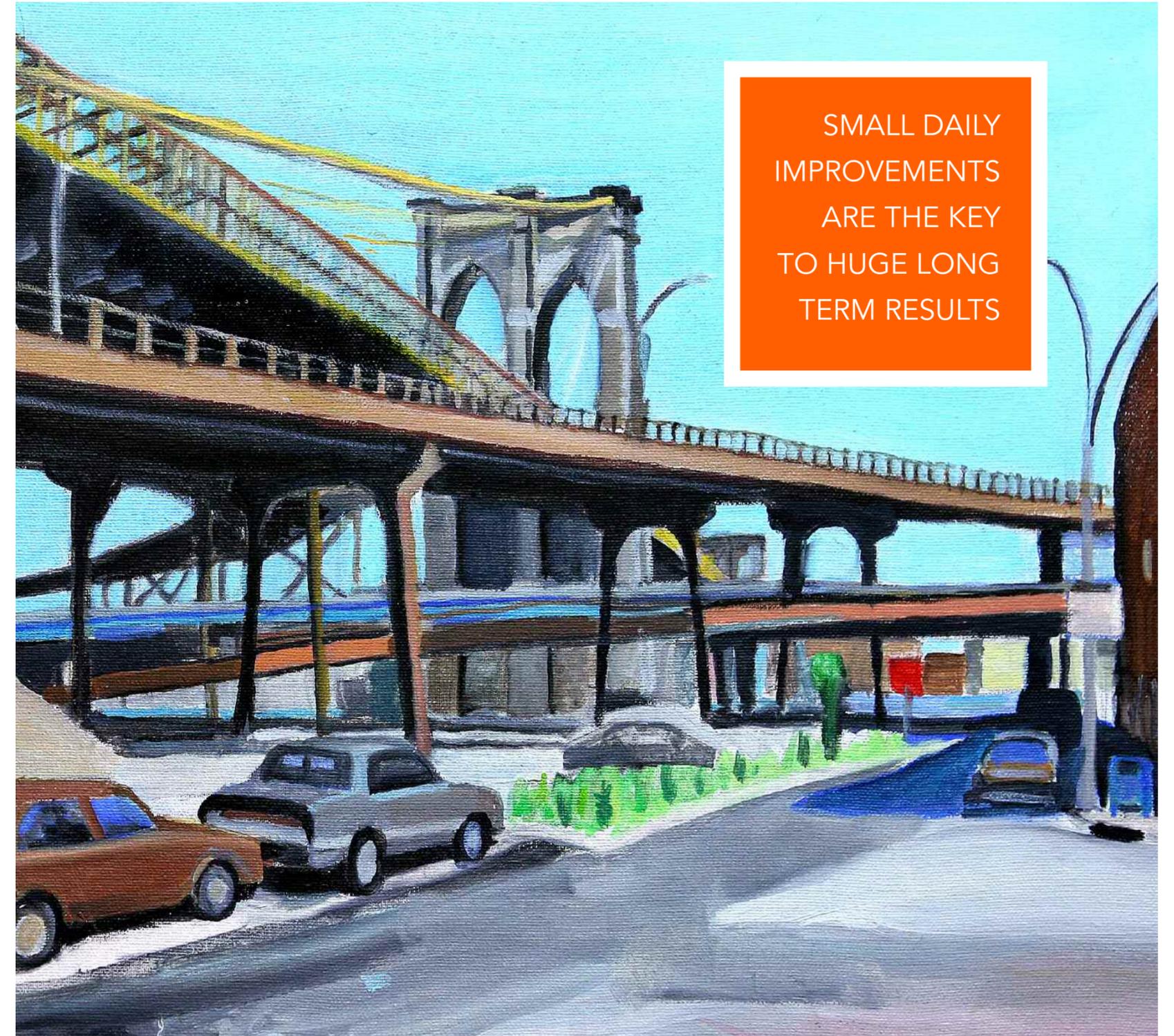
WellLife Network is an active member of several behavioral health partnerships and enterprises, including: Advanced Health Network — WellLife Network is a founding owner, managing care of those with mental illness on Long Island and New York City; and Coordinated Behavioral Care — managing care of those with mental illness in New York City.

New Partnerships

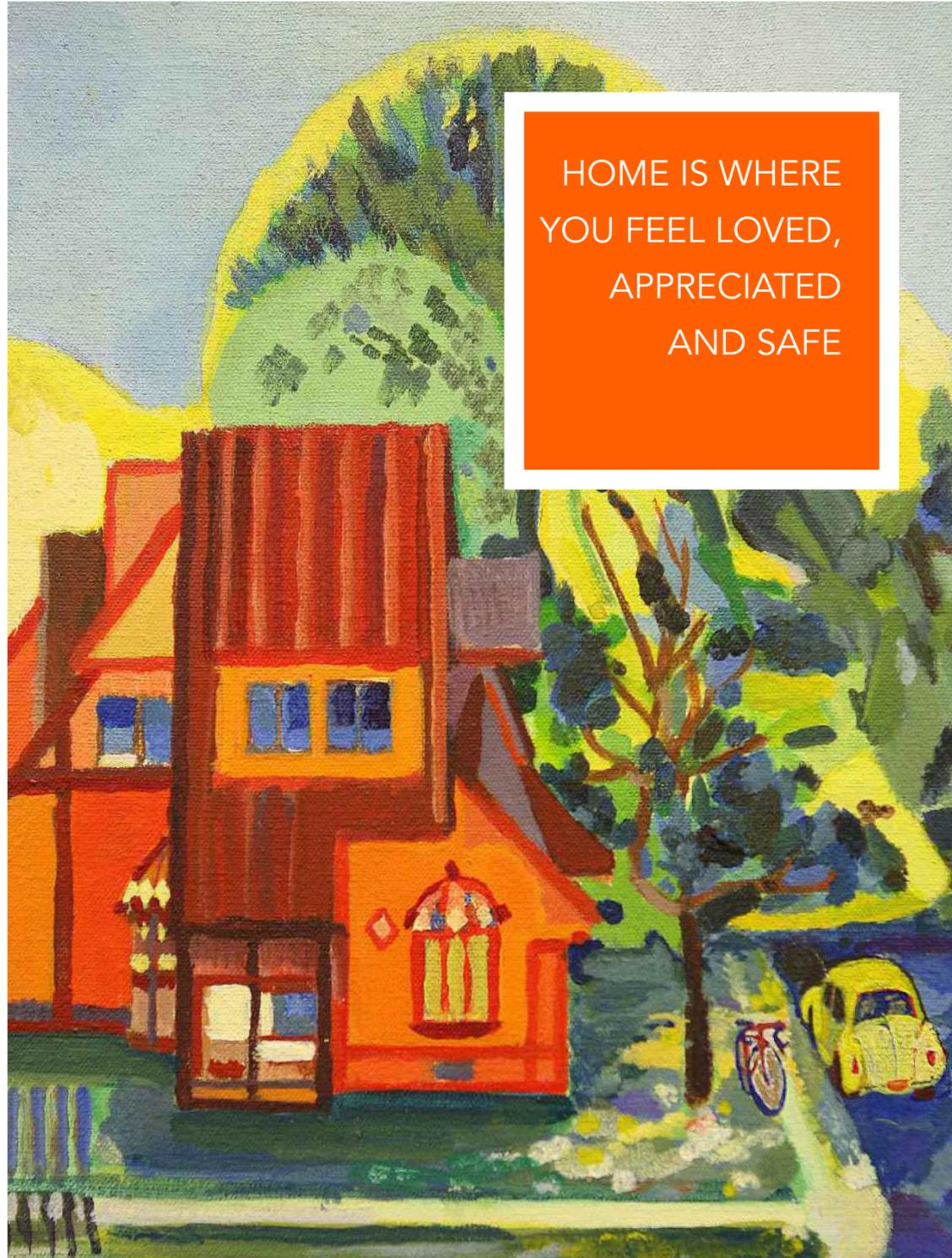
WellLife Network is proud to partner with several state-designated Lead Health Homes as a care management agency within their network of providers. In 2017, we expanded our reach with Hudson River Health Care (HRHCare) to begin planning to offer primary health care integrated with behavioral health services in Suffolk County. The partnership pairs HRHCare's primary care services with co-located behavioral health clinic services operated by WellLife Network. The services offered include: a FQHC in Huntington and primary care offices in WellLife Network's Coram and Smithtown facilities, along with our Care Coordination; Children & Family Services; Addiction Recovery and Mental Health programs. The sites also offer Food Pantries. We also have contracts to receive referrals from Single Point of Access (SPOA) for individuals not on Medicaid.

Through these partnerships WellLife Network helps shape and complement our continuum of services to care for people with complex healthcare needs and positions us to work effectively with health systems, government, providers and payers.

Our programs are licensed by the New York State Office of Mental Health (NYSOMH); The New York City Department of Health and Mental Hygiene; Suffolk County Division of Mental Hygiene Services and the Nassau County Office of Mental Health, Chemical Dependency & Developmental Disabilities Services.



SMALL DAILY IMPROVEMENTS ARE THE KEY TO HUGE LONG TERM RESULTS



HOME IS WHERE
YOU FEEL LOVED,
APPRECIATED
AND SAFE

IMPACT

283

New Yorkers with intellectual/developmental disabilities participate in WellLife Network’s residential alternatives where they have a warm, nurturing environment that celebrates residents’ cultures and traditions.

300

Individuals with intellectual/developmental disabilities participate in one of six Day Habilitation programs that foster the acquisition of skills and volunteerism, leading to greater independence and personal choice.

43

Group homes and supported apartments, throughout New York City, offer adults with developmental and other disabilities, including those who are medically fragile, aging and/or use wheelchairs, an array of residential alternatives.

21-88

Age range of individuals served in WellLife Network’s residential programs, with services and home environments designed to meet the needs of increasingly frail, older adults.

81%

Percentage of family members, with loved ones who attend one of WellLife Network’s programs for individuals with intellectual/developmental disabilities, that are very satisfied with the services and would recommend the program to others.



Susana

Susana Hall is a vibrant and friendly female who resides at WellLife Network’s 103rd IRA. Susana is of Panamanian ancestry and speaks fluently in both English and Spanish. At the residence, Susana is a “Domestic Diva” and loves to help the staff with preparing meals for her housemates as she proudly incorporates her Panamanian ancestry in many of the dishes she prepares. “I love living here,” said Susana, the staff teaches me new things all the time, like how to clean my room”.

Susana and her housemates have lived together since the residence opened in 2007, and she considers them to be an extended family and is looked upon as a “big sister”. Susana greets any visitor to the residence with a warm smile and a big “Hello” and loves showing visitors her bedroom where she very proudly displays mementos from her many trips with her family and her housemates. Susana is fortunate to have a very close bond with her large extended family and enjoys traveling on family vacations.

Developmental Disabilities

Moving toward Independence

A Continuum of Residential Alternatives

Having a safe, stable and secure home is essential for long-term health and wellbeing. WellLife Network offers a broad range of housing and day habilitation services to individuals with intellectual/developmental disabilities. Each day, more than 400 people live with dignity and as independently as possible in WellLife Network’s housing and day habilitation programs throughout New York City.

Our homes integrate care into the community and celebrate residents’ cultures and traditions. Using a person-centered approach, WellLife Network’s housing and residential programs cover a broad array of alternatives, from 24-hour staff supervised residences to serve those with the greatest needs, to apartment living with ongoing supports for those able to live more independently in the community.

WellLife Network’s model of care focuses on assisting residents to develop daily living skills, integrate within the community where they live, receive necessary medical care, develop pre-employment skills and become more self-reliant.

Day Habilitation Programs Reach Out to Less Fortunate Neighbors

Participants of the Astoria, Station Road and Long Island City Day Habilitation Programs joined forces to raise more than \$250 in support of our Smithtown food pantry. The donation was matched by senior executive staff and with the generous outpouring from our Board and vendors, \$4,500 was raised for families on Long Island. Through the sale of baked goods and healthy snacks, some one hundred families received a nourishing holiday meal in a basket.

“We wanted to help people who are hungry. All people should not be hungry,” exclaimed Maria, a participant of the Long Island City Day Habilitation program. “We want everyone to be happy at the holidays.”

The event was covered by WABC Channel 7 Eyewitness News.



Hasibul A. and Maria N. present a check to the Director of the Smithtown Pantry that provided holiday meals to some 100 families in need.

CELEBRATING OPPORTUNITIES AND THE PEOPLE WE SERVE



Inaugural Annual Dinner



5K Walk/Run



Day Habilitation
Black Tie Affair

Events which Change Lives

You Make It Happen

WellLife Network held three spectacular events this year including: its Inaugural Annual Dinner, a 5K Run and the Day Habilitation Black Tie Affair – all of which were successful fundraising initiatives, sponsored by our corporate and volunteer network of supporters and program participants and their families.

Inaugural Dinner A Success

WellLife Network welcomed more than 120 guests to its inaugural Benefit Dinner held May 18th at Mutual of America headquarters in Manhattan. Bill Ritter, WABC News anchor was the evening's special guest and host. The evening raised more than \$293,000 for the organization.

The capacity crowd paid special tribute to Ruben Diaz, Jr., Bronx Borough President, with the WellLife Network *Community Renaissance Award*. Mr. Diaz was recognized for his "visionary leadership and deep commitment to the Bronx community that has changed lives and built a lasting legacy."

CSD Housing, LLC was presented with the *Corporate and Philanthropic Leadership Award* for its "profound commitment and inspired leadership in restoring lives and strengthening communities through the construction of affordable and state-of-the-art

housing complexes." Alan M. Weinstock, CEO, WellLife Network presented the award to Mike Newman, President, CSD Housing, LLC.

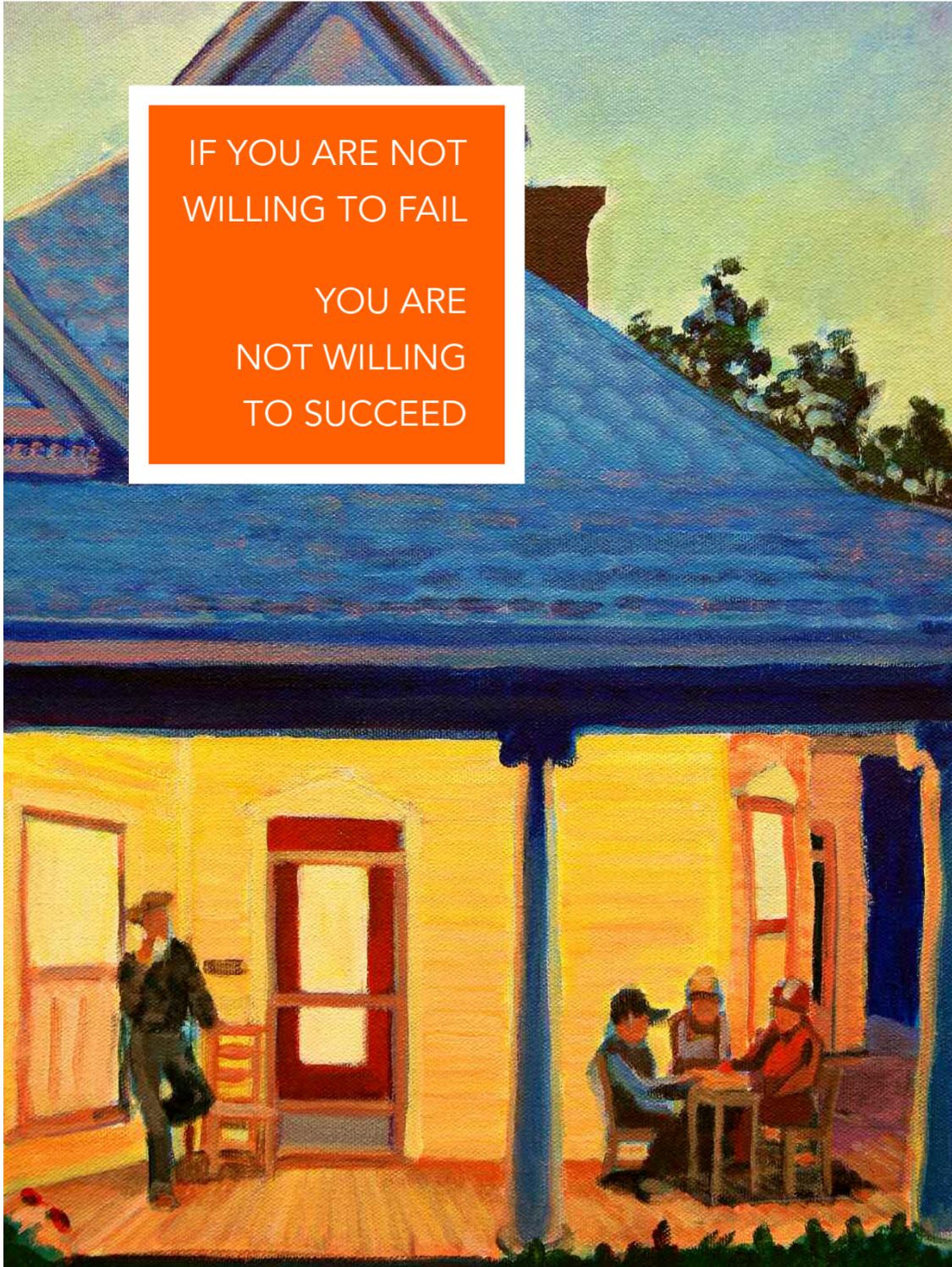
The memorable evening also included the presentation of the WellLife Network *Be Well for Life Inspiration Award*, by Sherry Tucker, President, to three WellLife Network program participants who overcame extraordinary challenges and barriers in their lives.

5K WellLife Network Run & the NY Mets Walk for Wellness

WellLife Network joined forces with the New York Mets and a dynamic mix of key community advocates on April 2, 2017 to raise awareness and more than \$8,000 for New Yorkers faced with developmental disabilities, mental health and addiction challenges. Mr. Met led the charge as more than 200 runners gathered at the iconic Flushing Meadows Corona Park for the first annual WellLife Network 5K Walk/Run.

Day Habilitation Black Tie Affair

Participants of the Astoria Day Habilitation Program joined forces to raise more than \$5,000 for their annual Black Tie Affair. Participants held bake sales and sold healthy snacks to support this annual event. Participants dress in their finest and enjoy an afternoon of food, dance and friendship. Allison, a participant who helps to organize the event said, "Thank you everyone and all the nice people who make this happen".



IF YOU ARE NOT WILLING TO FAIL

YOU ARE NOT WILLING TO SUCCEED

IMPACT

1,175

New Yorkers participating in WellLife Network residential services have a warm, nurturing environment to call home.

800

Individuals with mental health challenges live in one of WellLife Network's housing alternatives.

453

Mixed-use housing beds awarded to WellLife Network in 2017 for the development in Queens, Far Rockaway, Brooklyn and White Plains, New York. This major expansion of our mixed-use residences portfolio was achieved through Governor Andrew Cuomo and the Empire State Supportive Housing Initiative Interagency Workgroup and the New York State Office of Mental Health.

12-88

Age range of individuals served in WellLife Network's residential programs.

78%

People served in WellLife Network's residential housing programs report that they are very satisfied with service they receive.



Donna's Challenge

The tragic death of Donna's brother, at age 11, had a profound impact on her mother and the family dynamics for decades to come. Donna's mother became distant forcing Donna to become the surrogate mother to her three siblings. She was young and longed for attention which she sought out in negative ways – finding solace in drinking and hanging out with the “wrong crowd”.

Donna completed high school and graduated college with a Bachelor and Masters degree in Education. She married and had three children, but ended her marriage as a result of infidelity. Donna became depressed and attempted suicide. She was hospitalized and learned that she was experiencing major depression. After discharge, she entered WellLife Network Supported Housing program where she received counseling.

Today, Donna is more in control of her life with clinical and family support. She has been sober for over 15 years and continues to work with special education children.

Homes with Heart

A Continuum of Residential Alternatives

Each day, some 1,200 people live with greater dignity and independence in WellLife Network's housing settings throughout New York City and Long Island.

Our homes integrate care into the community and celebrate residents' rich traditions and cultures. Using a person-centered approach, our housing and residential programs offer a broad array of alternatives: 24-hour staff supervised residences for those with the greatest needs, to apartment living with ongoing supports for those able to live more independently in the community.

WellLife Network's Behavioral Health residential services focus on assisting residents to develop key life skills, become integrated within the neighborhoods where they live, receive necessary medical and mental health care, connect with education and employment programs and become more self-reliant.

Expanding Mixed-Use Housing Opportunities

In 2017, WellLife Network was awarded 453 mixed-use housing beds for development in Queens, Far Rockaway, Brooklyn and White Plains, New York. This major expansion of our mixed-use residences portfolio was achieved through Governor Andrew Cuomo and the Empire State Supportive Housing Initiative Interagency Workgroup and the New York State Office of Mental Health.

The grant, which is expected to exceed \$100 million, expands our reach to the underserved outer boroughs and Westchester, providing much needed safe, secure and affordable housing so essential to the survival of low income residents and communities in transition.

WellLife Network encourages residents to build a sense of community in each of its homes and apartments.

Our housing initiatives are licensed through partnerships with the New York State Office of Mental Health and the New York City Department of Health and Mental Hygiene.



Danielle's Challenge

Being a part of the youth program at WellLife Network means that kids like me can actually get help with their problems of anger, anxiety and depression, while they are still young. I have learned coping mechanisms and ways to deal with tough situations so that I can move forward with my life and be successful.

For me being well for life means learning about the tools to be able to go home again without blowing up or having to go to the hospital. Being well means being able to live happy and healthy with my family.

Since I have been here I have learned to think before I act. Now I stop and think – Is this right? Who will I hurt? I hope that from this program I learn how to manage my anger and disrespectful attitude. My family is very important to me and learning ways to deal with my anger at home will improve my life.

Youth and Family Services

The goal of WellLife Network's Family and Children's Community-Based Programs is to assist children and youth, with serious social, emotional and/or behavioral challenges, in developing coping skills, become more resistant to crisis and gain greater independence through a continuum of care services. Program services include: care coordination, crisis intervention, residential, skill building, family education and support and respite care.

These services help children and adolescents cope with life's challenges and assist their families in supporting them. In 2017, some 337 families with children were assisted by our Family and Children's services.

Family Support Services enhance the ability of a family with a seriously emotionally challenged or at-risk child or adolescent to function as a family. An array of customized, supportive and educational services is offered. The program's goal is to assist families in attaining emotional and behavioral stability and averting the need for out-of-home placement or a higher level of care.

A New Partnership with HRHCARE is designed to help Seriously Emotionally Disturbed (SED) Suffolk County residents, 5 to 18 years of age, remain at home by offering an array of community-based services to prevent intermediate psychiatric admission or placement in a residential treatment facility.

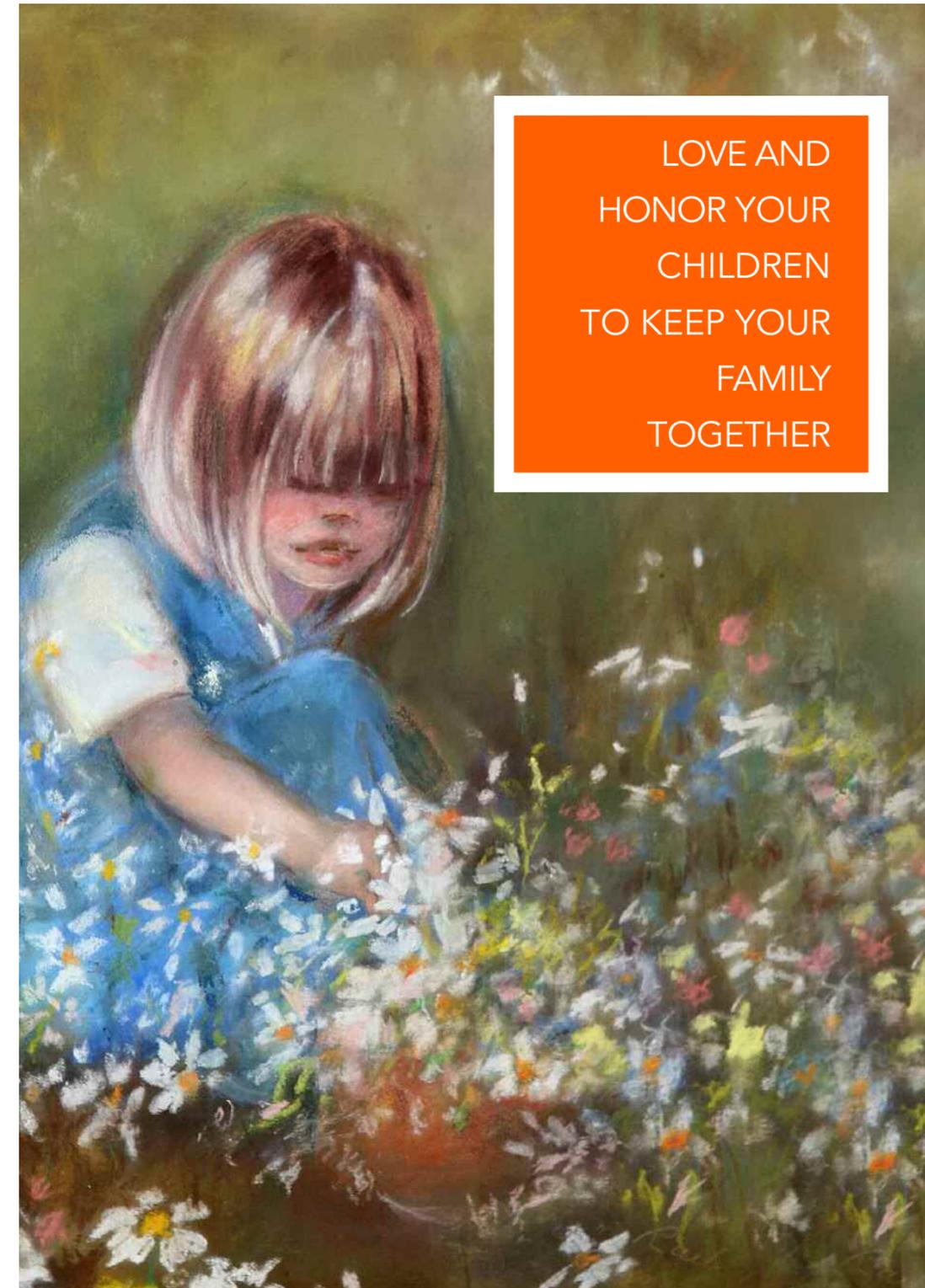
Our 2017 Children's HCBS survey revealed that 74% of the children receiving services avoided re-hospitalization.

Care Coordination provides integrated health service care for low, moderate to high risk children with health challenges. Our services of care coordination plans, risk assessment, linkages to and for preventive care and appropriate community-based treatment prevent and avoid unnecessary hospitalizations, ER visits and maintain community stabilization.

Our **LINK Program** provides on-site intensive, short-term crisis intervention and stabilization, family education and service linkages to prevent psychiatric hospitalization. This program is designed for children ages 5-18 who live in Suffolk County.

Residential Services provide 24/7 care for youth facing serious mental health challenges. The residences, located in Setauket and Dix Hills, help to enhance the social, emotional, and behavioral development of each youth with the target goal of returning the youth to family or independent living.

Family Bonds Camp is offered each year. In 2017 this weekend of recreational and educational activities provided 13 families, many the first time, a time to bond, create good memories, and relate with others as they recover, rejuvenate and heal.



LOVE AND
HONOR YOUR
CHILDREN
TO KEEP YOUR
FAMILY
TOGETHER

IMPACT

337

Children and families were served by WellLife Network during this past year.

97%

Families who were satisfied with the service and progress of their children.

11,802

Hours of family support counseling and family support services offered to the community.

98%

Attendance of youth at community-based school placement.

88%

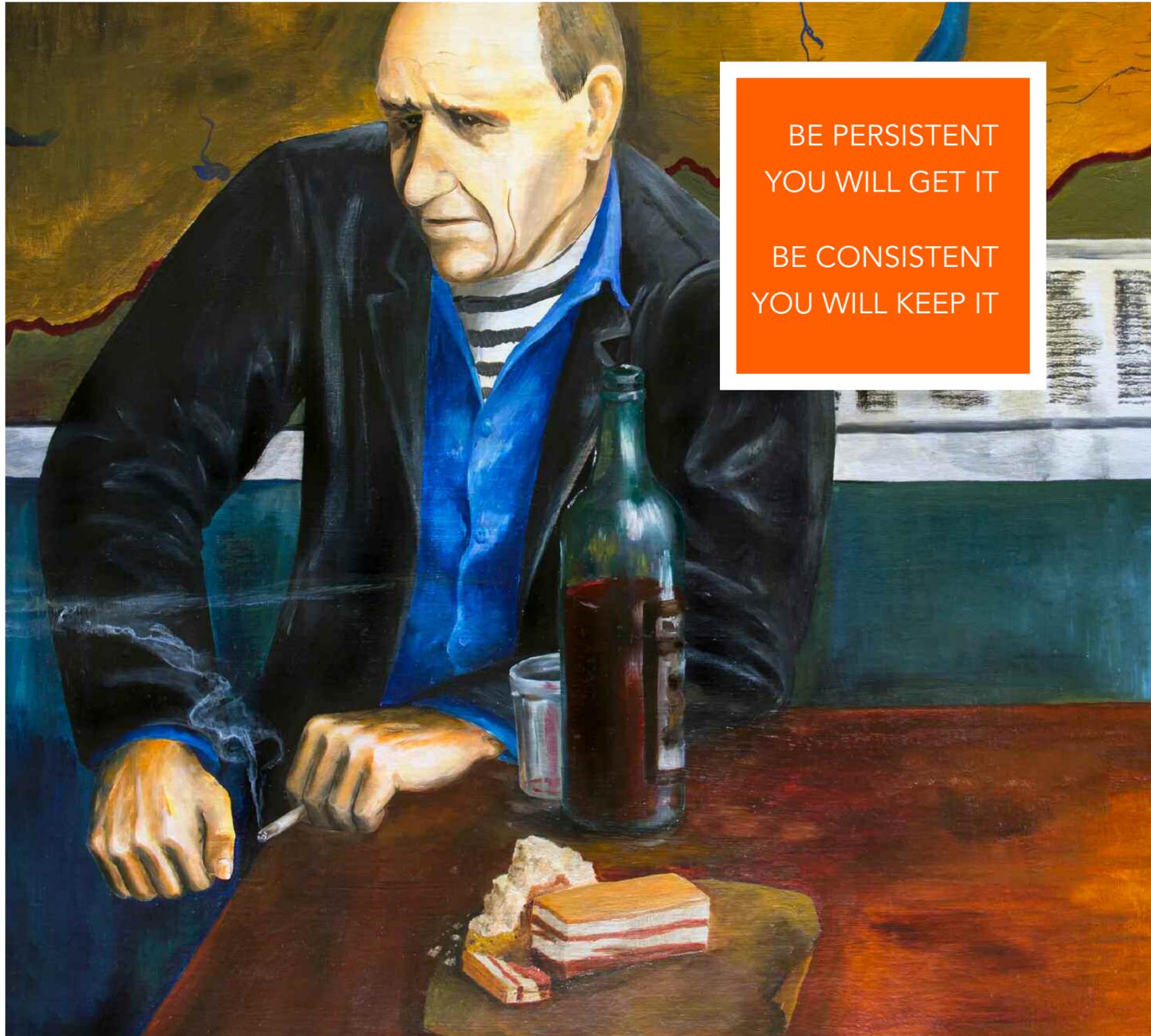
Children served who were diverted from out-of-home placement (HCBS Survey Satisfaction results).

66%

Children served in HCBS who were discharged to a lower level of care.

74%

Children served in HCBS who were diverted from hospitalization due to serious emotional disturbances.



BE PERSISTENT
YOU WILL GET IT

BE CONSISTENT
YOU WILL KEEP IT



Dayne's Challenges

Dayne was actively abusing alcohol along with opioids and heroin. When Dayne was referred to us, he was in need of sober support, stable housing and medical care, especially regarding his insomnia.

At WellLife Network, Dayne was enrolled in our Care Coordination program. Despite ups and downs, WellLife Network was able to provide the linkage to an outpatient clinic where Dayne was able to maintain treatment and gain the skills necessary to remain sober. He also received a CPAP machine which helped to keep his sleep apnea under control.

Dayne's journey was an ordeal, but as he states, "If you can come to terms with the fact that asking for help with your addiction is not a weakness but a total strength, you will succeed."

Addiction Recovery Person-Centered Services

Thousands of individuals coping with addiction to alcohol and other forms of substance abuse and their family members have been helped since the WellLife Network (formerly Pederson Krag Center) opened on Long Island in 1957.

WellLife Network understands addiction as a progressive and pervasive disease that affects every aspect of a person's life. We provide person-centered treatment services that support individuals and/or their significant others on the path to recovery and wellness. We use well-established clinical and medication modalities and offer them at a reasonable cost. Our treatment services offer daily same-day access.

At WellLife Network, we believe recovery is attainable, sustainable and maintainable.

Our Approach

The Addiction & Recovery Services (ARS) Department is dedicated to the prevention, education and treatment of substance use disorders. Our primary focus is arresting the symptoms of the disease of addiction/ substance use disorder through treatment of all those affected by it, as well as the

development of community awareness through education. We believe it is important to include substance abuse education and prevention in schools, because these intervention programs can help students avoid trying substances and reduce the risk of developing a substance use disorder later in life.

This year, WellLife Network reached some 4,600 students in Suffolk county who were educated in the evidence-based drug prevention curriculum *Too Good for Drugs*. Our outreach programs are offered in three community-based locations: Wyandanch, Smithtown and Huntington and are licensed by the New York State Office of Alcoholism and Substance Abuse Services (OASAS).

Task Force on Integrated Projects-TFIP

TFIP is a school-based substance abuse program emphasizing prevention, intervention and education. One of the specialized programs available to students is an informative and comprehensive education series highlighting positive alternatives to drug use.

An integral part of our services includes school staff in-service training, addressing topics such as: current drug trends affecting adolescents, codependents that impact the family and health and wellness topics.



Shristika Gives Her Time and Makes Discoveries

Shristika Lama, a budget analyst in WellLife Network's finance department, dedicates her days to facts and figures. When given the opportunity, she eagerly volunteered to spruce up one of the agency's residences this past summer in Maspeth, Queens. She, along with six other volunteers from finance, tilled the soil and planted perennials and vegetables in a backyard oasis. "I wanted to view firsthand who we help at WellLife Network and explore their community. The gardening remake made that quest a reality. We had a great time as a unified team and the results were amazing."

"It was hard work," remarked Shristika, "but everyone was amazed at the difference a few hours made to beautifying the grounds of this home for individuals with developmental disabilities".

Volunteers Make A Difference

More than 210 people donated their time and professional and personal skills to us last year. Volunteers and student interns make a significant and valuable contribution to WellLife Network. Our volunteers donated thousands of dollars in goods and services to hundreds of individuals and families in need. Volunteers in New York City and on Long Island planted gardens and relandscaped our residences, donated and wrapped toys for children during the holidays, assisted veterans in finding and preparing for employment and assembled baskets of food for holiday meals.

Be Well for Life Art Program

This year, the WellLife Network *Be Well for Life Art Program* expanded with the sale of posters initiated through generous grants from Mutual of America, Paycom and TGI Office Automation. This innovative program will create art therapy workshops and learning experiences for individuals of all ages, abilities and talents to emerge as artists, through the exhibition of their art as posters, note cards and wearable items.

Internships for Real Life

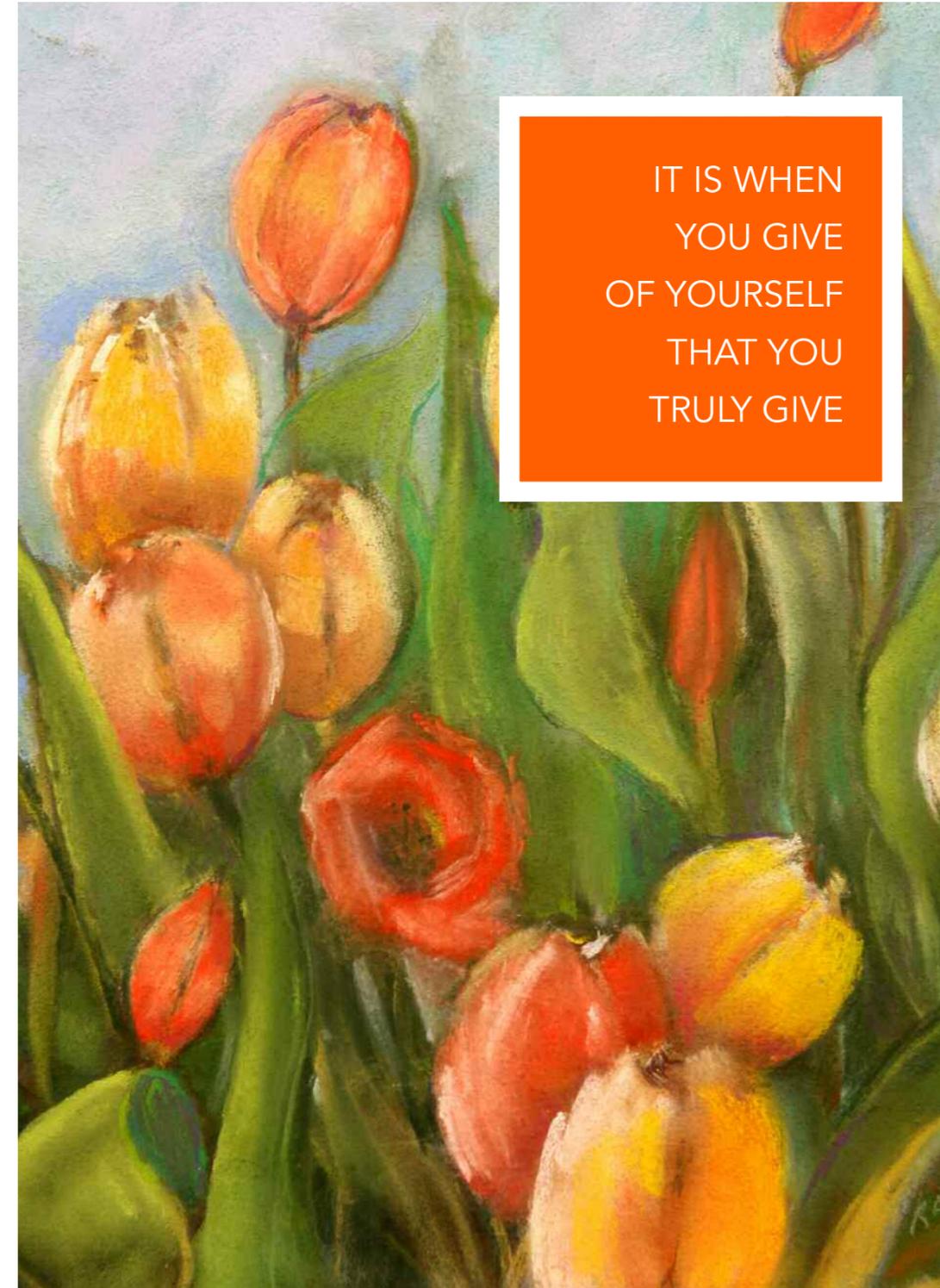
Our Internship Connections offers college students and advanced degree candidates on-site experiences in a variety of "real life"

settings throughout New York City and Nassau and Suffolk Counties. The program assists students in defining and exploring career opportunities in the health and human services field. This year, some 45 college students from 26 colleges and universities in the New York City metropolitan area benefitted from these experiences. An internship experience at WellLife Network offers a variety of settings, including: mental health clinical training, developmental disabilities, health administration and medical nursing.

Fatima Nagaya, a psychiatry intern stated, "This experience allowed me to learn about the various issues and barriers to receiving psychiatric care in a cohort of patients with chronic and severe mental health disorders. It was very inspiring to work with a team that was so dedicated to the patients. Thank you again for the opportunity. I will carry this experience with me throughout my training."

New York City Summer Youth Employment Program (SYEP)

In 2017, WellLife Network hosted 27 interns from the NYC Department of Youth and Community Development - Summer Youth Employment Program (SYEP). Through paid summer internships, participants explored areas in the health and human services sector through hands-on field experiences and job shadowing.



IT IS WHEN
YOU GIVE
OF YOURSELF
THAT YOU
TRULY GIVE

IMPACT

2,000

Staff, volunteers and interns helped some 25,000 individuals and families this past year to become more independent.

100

Interns received training and onsite experiences throughout the WellLife Network.

26

Universities and colleges, throughout New York City and Long Island, partner with WellLife Network in providing students for our internship program.

27

Youth from the The Summer Youth Employment Program (SYEP) interned at various sites at WellLife Network with a paid six week summer employment program through a partnership of the Department of Youth and Community Development (DYCD).

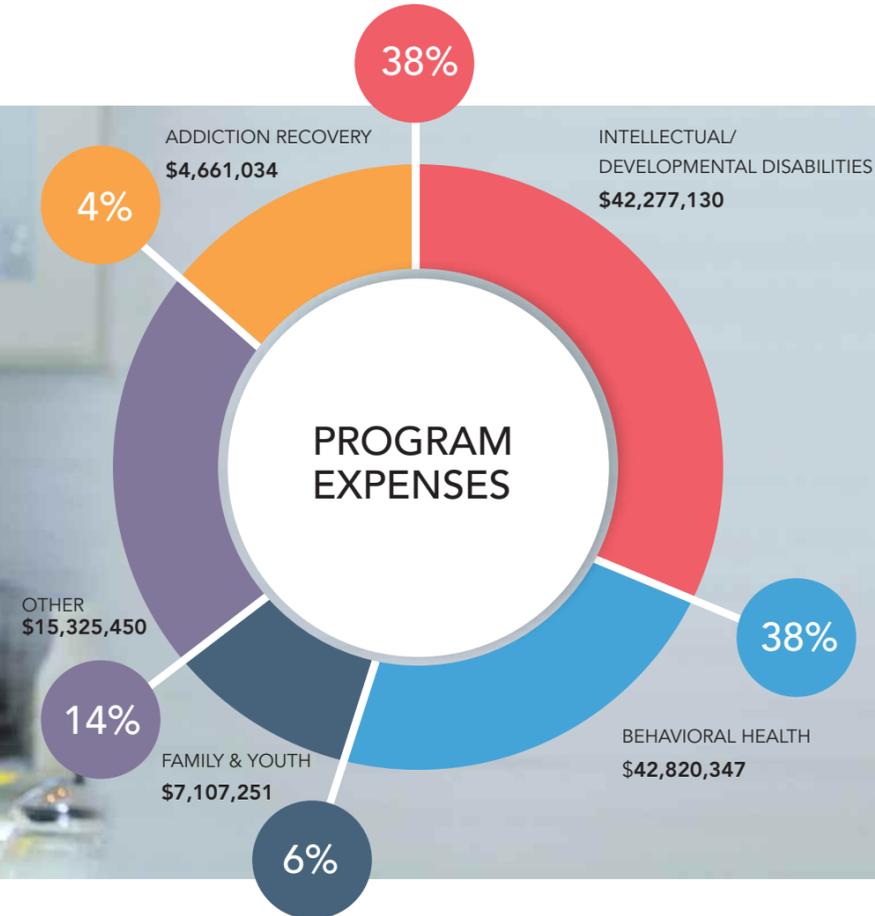
5,000

Individuals and families received food and household supplies from our four food pantries located in Huntington, Smithtown, Wyandanch and Coram, and staffed by WellLife Network volunteers.

265

Shrubs, trees and flowers were planted to beautify the landscape and enhance consumers' experience at WellLife Network's residences and programs.

Financial Overview



Where the Money Comes From

| | |
|-----------------------------------|-----------------------|
| Medicaid/Medicare/Other Insurance | \$87,451,397 |
| Federal/State/Local Grants | 19,446,726 |
| Grants/Foundations/Private | 500,145 |
| Other | 4,342,450 |
| Total | \$111,740,718* |

How It Helps

| | |
|---|-----------------------|
| Intellectual/Developmental Disabilities | \$42,277,130 |
| Behavioral Health | 42,820,347 |
| Addiction Recovery | 4,661,034 |
| Family & Youth | 7,107,251 |
| Other | 15,325,450 |
| Total | \$112,191,212* |

86¢

of every dollar spent by WellLife Network goes directly toward client services and programs.

*For the fiscal year ending 2017. Based on the fiscal year 2017 audited financial statements by BDO USA, LLP

2017

Highlights Awards

Operation Vets

WellLife Network is proud of its staff who are veterans. We value the integrity and experience they bring to our workforce. *Operation Vets* was established to show our appreciation for their sacrifices. To honor them, we offer many employment benefits, including: counseling services; the annual *Operation Vet Breakfast* which recognizes their accomplishments at our Agency and money saving offers. Our IT and Communications Departments are developing a special microsite on the WellLife Network website which highlights our members and services offered to them and their families.

WellLife Network Awarded Platinum Rating of Transparency from GuideStar

WellLife Network has earned the 2017 Platinum GuideStar Nonprofit Profile Seal of Transparency. This rating, only awarded to the top 2% of charities nationwide, is the highest level of recognition offered by GuideStar. GuideStar's evaluation method focuses on metrics related to progress and results based on a charity's stated mission, and awards ratings resulting from the level of transparency in reporting.

Recognized by NYS for CASAC and CPS & CPP Certificates

PSCH, doing business as WellLife Network, was recognized by the New York State Education Department State Board as an approved provider of Continuing Education for Licensed Mental Health Counselors; Licensed Social Workers; Credentialed Prevention Providers; CASAC Renewal; and Credentialed Prevention Specialists. WellLife Network pledges to develop and deliver high quality, professional community trainings.

Clean Corp. Employee Awarded William B. Joslin Award

This year, Joseph Scott, a Clean Corp. employee was awarded the coveted William B. Joslin Outstanding Performer Award. This award is given to only 58 New Yorkers state-wide employed on NYSID Preferred Source contracts. As an industrious and avid team member, Joseph is an inspiration to coworkers and staff.

Direct Service Professional Awarded the NYSADSP Direct Support Provider of the Year Award

Danielle Dominique, Direct Service Professional at the Astoria Day Habilitation program, was awarded the 2017 NYSADSP Direct Support Provider of the Year Award for the NYC Region. Ms. Dominique assists individuals at WellLife Network's Astoria Day Habilitation program. Danielle was chosen from amongst a group of very deserving nominees. WellLife Network is very proud that she was selected for her exemplary work, outstanding accomplishments and steadfast dedication to our participants.

Supporting Partners

We are enormously grateful to the generosity of the WellLife Network Board of Directors, government, business, foundations, the voluntary community and the many individuals, families, and friends whose support is so vital to WellLife Network in its delivery of health and human services.

Federal

U.S. Department of Health and Human Services

Centers for Medicare and Medicaid Services

U.S. Department of Housing and Urban Development

U.S. Social Security Administration

State

New York State Department of Health

New York State Department of Labor

New York State Office of Alcoholism and Substance Abuse Services – OASAS

New York State Office of Children and Family Services

New York State Office of Mental Health OMH

New York State Office for People with Developmental Disabilities– OPWDD

New York State Office of Temporary and Disability Assistance

Local

New York City Council

The New York City Department of Health and Mental Hygiene

New York City Human Services Council

Nassau County Department of Social Services

Nassau County Office of Mental Health, Chemical Dependency and Developmental Disabilities Services

Office of the Bronx Borough President
Office of the Brooklyn Borough President
Office of the Queens Borough President
Office of the Manhattan Borough President

Office of the Staten Island Borough President

Suffolk County Department of Health Services

Suffolk Department of Social Services

Foundation/Voluntary

Advance Care Alliance

Advanced Health Network

Alliance of Long Island Agencies, Inc. Association for Community Living

Brooklyn Council of Developmental Disabilities

The Coalition of Behavioral Health Agencies

Health & Welfare Council of Long Island

InterAgency Council of Developmental Disabilities Agencies, Inc. - IAC

Long Island Cares

New York Association of Psychiatric Rehabilitation Services

New York State Association of Community and Residential Agencies – NYSACRA

New York State Association of Day Service Providers – NYSADSP

Queens Council on Developmental Disabilities – QCDD

Suffolk Coalition of Mental Health Service Providers

Supportive Housing Network of New York
United Way of Long Island

College/University Partners

Adelphi University

Alfred University

Briarcliff College

Capella University

Columbia University

Farmingdale State College

Fordham University

Hofstra University

Iona College

John Jay College of Criminal Justice

Lehman College

Long Island University

Mercy College

Metropolitan College of New York

Molloy College

New York Institute of Technology

New York University

Queens College

Rutgers University

Simmons School of Social Work

St. Johns University

Stony Brook University

Suffolk County Community College

The City University of New York

Walden University

Yeshiva University, Wurtzweiler School

of Social Work

Corporate Partners

Ace Endico – S&P Food Distributors Ltd.

Amy Larovere Consulting, LLC

Appliance Brokers & Traders Inc.

Artemis Development

Arthur J. Gallagher & Co.

Atalanta Corporation

BDO, USA, LLC

Beat Value Inc.

Bellmore Pharmacy

BK Fire Suppression & Security Systems

B&R Cesspool Sewer & Drain

B&R Plumbing & Heating of L.I. Inc

Boro-Wide Recycling Corp.

BullFrog Pest Management, Inc

Carr Business Systems

Citi-Telecom Solutions LLC

Community Care Rx

CSD Housing, LLC

Crystal Ball Group Inc

Vincent J. DiCalogero, CPA LLC

The Disney Corporation

Driscoll Foods

Eagle Sanitation, Inc.

Emerald Lawn Care Services, Inc.

Goldberg & Carlton, PLLC

Guardian Life Insurance Company of America

Gurney's Montauk Inn Resort & Spa

Hirschen Singer & Epstein LLP

Imperial Bag & Paper Co., LLC

Island Public Affairs

Jackson Lewis, P.C.

JPMorgan Chase Securities

Lamb Financial Group

Legend Land Abstract, Ltd.

Lenox Advisors

Levy Stopol & Camelo, LLP

M&T Bank

Martha Clara Vineyards

Massage Envy

MEGA Contracting Group, LLC

Mitropoulos Architects

Morgan Stanley

Moritt Hock & Hamroff LLP

Mutual of America

PaycomPayroll, LLC

The Ray-Block Stationery Co., Inc.

The Richman Group

Ropes & Gray LLP

Sachs Consulting

Solid Benefits Guidance

A Division of Arthur J. Gallagher & Co.

Stat Rx Pharmacy Inc.

Soundview Wealth Management

at Morgan Stanley

Sterling Sanitary Supply Corp.

Stop & Shop

TD Bank

TGI Office Automation

Tristate Apartment Furnishers, LLC

Urban Architectural Initiatives, RA, PC

Vassalotti Associates Architects, LLP

VR Bags, Inc.

W.B. Mason

We Pay

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This annual report was written, designed, photographed and printed in-house by the Communications and Development Department of WellLife Network.